

## CURRICULUM VITAE

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**Education:**

1993	Psy.D.	Yeshiva University, Ferkauf Graduate School of Psychology Clinical Psychology Program
1992-93		Pre-doctoral Clinical Psychology Internship: Clinical-Research Track Albert Einstein College of Medicine/Montefiore Medical Center
1991	M.A.	Yeshiva University, Ferkauf Graduate School of Psychology
1988	B.A.	University of Michigan, Ann Arbor, MI (w/ Honors)

**Licensure:** New York State Psychologist: #012207

**Certification:** DBT-Linehan Board of Certification, Board Certified Clinician  
DBT-Linehan Board of Certification, Certified DBT Program

### **Professional Employment and Appointments:**

2021-present	President, Board of Directors, Access Psychology Foundation White Plains, NY.
2015-2021	Clinical Director, Cognitive & Behavioral Consultants, LLP White Plains and Manhattan, NY
2015-present	Clinical Professor of Psychiatry and Behavioral Sciences Albert Einstein College of Medicine, Bronx, NY
2008-2015	Professor of Clinical Psychiatry and Behavioral Sciences Albert Einstein College of Medicine, Bronx, NY
2004-present	Co-Founder & Co-Director, Cognitive and Behavioral Consultants, LLP White Plains and Manhattan, NY
2003-2008	Associate Professor, Department of Psychiatry and Behavioral Sciences Albert Einstein College of Medicine, Bronx, NY

**Professional Employment and Appointments** *(continued)*:

- 2001-2012 Director of Mental Health Services, P.S. 8, School-Based Health Program  
Department of Pediatrics and Department of Psychiatry and Behavioral Sciences  
Albert Einstein College of Medicine/Montefiore Medical Center, Bronx, NY
- 2000-2015 Chief, Child and Adolescent Psychology  
Department of Psychiatry and Behavioral Sciences  
Albert Einstein College of Medicine/Montefiore Medical Center, Bronx, NY
- 1998-2004 Director, DBT Clinical-Research Services, HIV Mental Health Research Group  
Department of Psychiatry and Behavioral Sciences  
Albert Einstein College of Medicine/Montefiore Medical Center, Bronx, NY
- 1997-2015 Director, Adolescent Depression and Suicide Program  
Department of Psychiatry and Behavioral Sciences  
Albert Einstein College of Medicine/Montefiore Medical Center, Bronx, NY
- 1997-present Dialectical Behavior Therapy Trainer  
Behavioral Tech, Seattle, Washington
- 1995-2015 Associate Director, Psychology Training Program  
Montefiore Medical Center/Albert Einstein College of Medicine, Bronx, NY
- 1995-2000 Assistant Professor, Department of Psychiatry and Behavioral Sciences  
Albert Einstein College of Medicine, Bronx, NY
- 1995-1996 Co-Director, Adolescent Depression and Suicide Program, Department of Psychiatry  
Albert Einstein College of Medicine/Montefiore Medical Center, Bronx, NY
- 1995-1996 Attending Psychologist, Adult Outpatient Psychiatry Department  
Dept of Psychiatry and Behavioral Sciences, Montefiore Medical Center, Bronx, NY
- 1993-1995 Staff/Supervising Psychologist, Acute Adolescent Inpatient Unit, Four Winds Hospital,  
Katonah, NY; Instructor of Psychiatry, Albert Einstein College of Medicine, Bronx, NY

**Adjunct Appointments:**

- 1997-2007 Adjunct Clinical Supervisor (clinical, school, and health psychology students)  
Ferkauf Graduate School of Psychology, Yeshiva University, Bronx, NY

**Awards and Honors:**

- Jan 2022 Clinical Advisory Council, BeMe Health

**Awards and Honors** *(continued)*:

- Sept, 2017 Fellow, Association for Behavioral and Cognitive Therapies
- May, 2017 Invited Commencement Address, Ferkauf Graduate School of Psychology, Yeshiva University, NYC, NY
- March, 2017 Distinguished Alumnus Award and Address, Ferkauf Graduate School of Psychology, Yeshiva University, NYC, NY
- 2015-2020 Invited Member, Board of Directors, Project 375
- 2015-Present Psychology Today, Invited Columnist
- 2015-Present Certified DBT Clinician, DBT- Linehan Board of Certification
- May, 2014 Visiting Professor, Child Mind Institute, New York, NY
- April, 2013 Rhodes Spirit of Leadership Award, Robert Louis Stevenson School, New York, NY
- Sept, 2012 Invited member, Scientific Advisory Council, American Foundation of Suicide Prevention
- Nov, 2008 32<sup>nd</sup> Annual Laretta Bender Honored Lecturer, Queens Children's Psychiatric Center
- Jan, 2008 Fellow, American Psychological Association, Division 53 (Child/Adol Psychology)
- July, 2007 Invited Member, International Academy for Suicide Research
- Oct, 2006 Invited by American Psychological Association to produce psychotherapy training video titled *DBT for Adolescents with Multiple Problems*.
- 2006-2010 Invited Faculty, Personality and Impulse Disorders Section of Psychiatry, for online service called, *Faculty of 1000 Medicine*.
- 2005-2007 Invited expert (1 of 13 international scientists), FDA Suicidality Classification Project, examining adverse events among adult pharmacotherapy trials
- Jan, 2005 Fellow, American Psychological Association, Division 12 (Clinical Psychology)
- Apr, 2004 Invited expert (1 of 11 international scientists), FDA Suicidality Classification Project, examining relationship between SSRIs and suicidality among children
- May, 2003 Invited Commencement Address, Ferkauf Graduate School of Psychology, NYC, NY  
"Serendipity, free will, perseverance, and fun: Creating a career in psychology."
- Nov, 2002 Service Award, International Society for the Improvement and Training of DBT, Reno, NV

**Professional Society Memberships, Offices and Committee Assignments:**

- 2021- President & Founding Board Member, Access Psychology Foundation  
     2021- *Chair of Executive Committee*  
     2021- *Co-Chair of Communications Committee*  
     2021- *Development Committee Member*  
     2021- *Finance Committee Member*  
     2021- *Governance & Nominating Committee Member*  
     2021- *Programs Committee Member*  
     2021- *Strategic Planning Committee Member*
- 2021- Board Member, DBT-Linehan Board of Certification
- 2020- World DBT Association (WDBTA), Steering Committee  
     2020- *Communications Committee Member*
- 2018-2020 Member, International DBT Strategic Planning Group
- 2017-2019 Member, Putnam-Northern Westchester Regional Suicide Safety Leadership Team
- 2017-2021 Chair, DBT-LBC, Michael Chambers Memorial Scholarship Fund
- 2017-2020 Association for Psychological Science (APS)
- 2015-2018 The Global Alliance for the Early Prevention and Intervention of BPD (GAP)  
     2015- *Committee Member*
- 2013- Linehan Board of Certification  
     2014-2015 *Chair, Fundraising Committee*
- 2012- American Foundation of Suicide Prevention (AFSP)  
     2012-2019 *Scientific Advisory Council*
- 2012- International Association of Cognitive Psychotherapy
- 2009- International Borderline Personality Disorder Congress  
     2009- *Scientific Advisory Board Member*
- 2009- World Congress of Behavioral and Cognitive Therapies  
     2009- *Scientific Review Committee*
- 2009- New York City Cognitive Behavioral Therapy (NYC-CBT)  
     2009- *Founding Member*
- 2007- International Academy for Suicide Research
- 2006- Westchester County Psychological Society
- 2004- New England Personality Disorder Association  
     2004- *Scientific Advisory Board Member*
- 2002- National Education Alliance for Borderline Personality Disorder  
     2014-2015 *Co-Chair, Adolescent BPD Thinktank Conference*  
     2012- *Scientific Advisory Board Member*  
     2002- *Consultant*

**Professional Society Memberships, Offices and Committee Assignments** (continued):

1997-2019	Behavioral Tech Trainer 2012-2013 <i>Trainer Advisory Committee</i>
1996-	International Society for the Improvement and Training of Dialectical Behavior Therapy 2010-2012 <i>Awards Committee Chair</i> 2007-2017 <i>Executive Board Member</i> 2003-2005 <i>Conference Chair</i> 1999- <i>Program Committee</i>
1995-	American Association of Suicidology (AAS)
1993-	Anxiety and Depression Association of America (ADAA)
1992-	New York State Psychological Association (NYSPA)
1992-	Association for Behavioral and Cognitive Therapies (formerly AABT) 2017- <i>Fellow</i> 2009- <i>Program Committee</i> 2001-2003 <i>Professional Issues Committee</i> 2000-2002 <i>Awards and Recognition Committee</i> 1997-1999 <i>Awards and Recognition Committee</i>
1991-	American Psychological Association (APA) 2008-2015 <i>Advisory Board Member, Section VII (Clinical Emergencies and Crises) of Division 12 of APA</i> 2007 <i>Division 12 Program Chair; APA Convention</i> 2005-2007 <i>President-Elect, President, and Past-President, Section VII</i> 2005-2008 <i>Member, Division 29, Division of Psychotherapy</i> 2004-2005 <i>Section VII Convention Program Chair; Division 12 Program Cmte</i> 2000-2003 <i>Board of Directors, Division 12, Society of Clinical Psychology</i> 2000-2003 <i>Section VII Representative, to Division 12, of APA.</i> 2001-2003 <i>Chair; Section VII Student Research Award Committee</i> 2000- <i>Member, Division 53, Society of Clinical Child/Adolescent Psych</i> 1992- <i>Member, Division 12, Society of Clinical Psychology</i>

**Other Professional Activities:**

2018-	Invited Advisory Council, IDEAL School, New York, NY
2017-2021	Member, Board of Trustees, Ferkauf Graduate School of Psychology, Yeshiva University, NY
2011-2018	Invited School Board Trustee, IDEAL School, New York, NY

Food and Drug Administration (FDA), National Institute of Mental Health (NIMH):

**Other Professional Activities** *(continued)*:

- 8/05-8/07      Invited expert (1 of 13 international scientists chosen for adult study)  
FDA Suicidality Classification Project, Washington, DC
- 4/04-8/04      Invited expert (1 of 11 international scientists for child/adolescent study)  
FDA Suicidality Classification Project, Washington, DC
- 6/01              Invited expert: *Adolescent and Young Adult Suicide Prevention Consensus Conference*,  
sponsored by the National Institute of Mental Health, Bethesda, M.D.
- 3/99              Invited panelist at workshop: *Treatment research with suicidal patients*, co-sponsored by  
NIMH/American Foundation of Suicide Prevention, Wash. D.C.
- 12/98            Assigned to NIMH workgroup to identify specific measures useful in the assessment of  
suicidal adolescents for use in treatment outcome studies.
- 11/98            Invited panelist at consensus meeting: *Suicidality in youth: Developing the knowledge  
base for youth at risk*, sponsored by the Division of Services and Intervention Research  
(DSIR), of the NIMH, Bethesda, M.D.

**Committees at the Albert Einstein College of Medicine/Montefiore Medical Center:**

- 2012-2015      Ad-hoc Member, BRANY/IRB
- 2006-2015      Member, Crisis Team, post-suicide support to faculty in Department of Psychiatry
- 2001-2002      Faculty, National Chief Residents' Meeting/Tarrytown Leadership Conference
- 2001              Chair, Ad Hoc Committee, Associate Professor Promotions Committee
- 1998-2004      Institutional Review Board for the Protection of Human Subjects (IRB)
- 1998-1999      Substance Abuse Research Committee, Department of Psychiatry
- 1997-2015      Steering Committee, Department of Psychiatry and Behavioral Sciences
- 1997-2015      Administrative Directors' Committee, Child Psychiatry
- 1995-2015      Curriculum Committee, Psychology Internship Training Program
- 1995-1998      Quality Improvement, Child Psychiatry Department Subcommittee

**Major Editorial Positions:**

- 2016-            Editorial Board, *American Journal of Psychotherapy*
- 2014-2015      Guest Editor, *American Journal of Psychotherapy*

**Other Professional Activities** *(continued)*:

- 2009- Editorial Board, *Cognitive and Behavioral Practice*
- 2005-2008 Associate Editor, *Cognitive and Behavioral Practice*
- 2004-2005 Associate Editor-Elect, *Cognitive and Behavioral Practice*
- 1999-2000 Guest Editor (w/ Jill Rathus) *Cognitive and Behavioral Practice* Special Section: DBT: Adaptations and new applications.

**Other Editorial/Reviewer Positions:**

- 2011-present Reviewer, *Suicide & Life-Threatening Behavior*
- 2011-present Reviewer, *Journal of Adolescence*
- 2010-present Reviewer, *General Hospital Psychiatry*
- 2010-present Reviewer, *Child and Adolescent Psychiatry and Mental Health*
- 2007-present Reviewer, *Archives of Suicide Research*
- 2006-present Evaluation Board, Psychiatry Faculty, *Faculty of 1000 Medicine*
- 2006-present Grant Reviewer, United Kingdom's National Institute for Health Research
- 2005-present Reviewer, *Behaviour Research and Therapy*
- 2004-present Reviewer, *Clinical Psychology: Science and Practice*
- 2004-present Reviewer, *Journal of Consulting and Clinical Psychology*
- 2003-present Editorial Board: *Cognitive and Behavioral Practice*
- 2002-present Reviewer, *Journal of Social Science and Medicine*
- 2001-present Reviewer, *American Journal of Psychotherapy*
- 2001-present Reviewer, *Cognitive and Behavioral Practice*
- 2001-present Reviewer, *Journal of Clinical Psychology*
- 1996-1997 Section Editor, (Focus on Children), *Psychological Health*. The newsletter for the National Academy of Psychotherapy.

**Consulting:**

2023-present Consultant, Irvington Union Free School District, ON

2023-present Consultant, Broadview Psychology, Toronto, ON

2023-present Consultant, John L. Gildner Regional Institute for Children and Adolescents, MD

2023-present Consultant, Child Mind Institute, NY

2023-present Consultant, Michigan Statewide Implementation, MI

2023-present Consultant, Oceanside Union Free School District, NY

2023-present Consultant, Ossining Union Free School District, NY

2023-present Consultant, Chappaqua Central School District, NY

2023-present Consultant, Cornwall Central School District, NY

2023-present Consultant, Byram Hills School District, NY

2023-present Consultant, Mt. Kisco Boys & Girls Club, NY

2022-present Consultant, Blind Brook Union Free School District, NY

2022-present Consultant, North Salem Central School District, NY

2022-present Consultant, Edgemont Union Free School District, NY

2022-present Consultant, Teladoc (Global)

2021-present Consultant, Nanuet Union Free School District, NY

2021-present Consultant, Ontario Central School District, NY

2021-present Consultant, Naugatuck Public Schools, CT

2021-present Consultant, Port Chester Rye Union Free School District, NY

2021-present Consultant, Easton Redding Region 9 School District, CT

2021-present Consultant, North Rockland Central School District, NY

2021-present Consultant, New Caanan School District, CT

2021-present Consultant, Hartford Public Schools, CT

2021-present Clinical Case Consultant/Discussant, Harvard/McLean Hospital, Belmont, MA

2020-present Consultant, Valhalla School District, NY

2020-present Consultant, Children's Hospital of King's Daughter, VA

2020-present Consultant, Rye Public School District, NY

2019-present Consultant, New Rochelle School District, NY

2019-present Consultant, Ridgefield Public Schools, CT.

2019-present Consultant, Green Chimneys, Brewster, NY.

2019-present Consultant, CiTi Boces, Mexico, NY.

2019 Consultant, Sainte-Justine Hospital, Montreal, Canada.



**Consulting** (continued):

- 2019-present Consultant, Weston Central School District, CT.
- 2019-present DBT Research Consultant, *FRESH-Teen Study*. University of California, San Diego, CA. Funded NIMH. PIs: K. Boutelle, PhD.
- 2019-present Consultant, DBT Center of Orange County, Newport Beach, CA
- 2018-present Consultant, Compass Behavioral Health, Tusin, CA.
- 2018-present Consultant, Monroe-Woodbury Central School District, NY.
- 2018-present Consultant, Darien School District, CT.
- 2018-present Consultant, Pelham School District, NY.
- 2018-present Consultant, Garrison School District, NY.
- 2018-present Consultant, Norwalk School District, CT.
- 2018-present Consultant, Pocantico School District, NY.
- 2018-present Consultant, Haldane Central School District, NY.
- 2018-present Consultant, Tarrytown School District, Sleepy Hollow, NY.
- 2018-present Consultant, Mount Pleasant Central School District, Thornwood, NY.
- 2017-present Consultant, Eastchester School District, NY.
- 2017-present Consultant, Dobbs Ferry School District, NY.
- 2017-2020 Consultant, Trumbull County School District, CT.
- 2017-present Consultant, Fairfield Public Schools, CT.
- 2017-2019 Consultant, Washingtonville Central School District, NY.
- 2017-present Consultant, Ramapo Central School District, NY.
- 2016-present Consultant, Bronxville School District, NY.
- 2016-2018 Consultant, St. Christophers School, NY.
- 2016-present Consultant, Yorktown School District, NY.
- 2016-present Consultant, Hendrick Hudson School District, NY
- 2016-present Consultant, Lakeland School District, NY
- 2016-present Consultant, White Plains School District, NY.
- 2016-2019 Consultant, Mount Vernon School District, NY.
- 2016-present Consultant, Katonah-Lewisboro School District, NY.
- 2015-present Consultant, Robert Louis Stevenson School, NY.
- 2015-present Consultant, Harrison School District, NY.
- 2015-present Consultant, Westport School District, Westport, CT.
- 2015-present Consultant, SW BOCES, White Plains, NY
- 2015-present Consultant, Putnam-Northern Westchester BOCES, Yorktown Heights, NY.

**Consulting** *(continued)*:

- 2015 Consultant, Tuckahoe Union Free School District, Tuckahoe, NY.
- 2014-2016 Consultant, Hastings, Irvington, and Briarcliff Manor, NY School Districts.
- 2013-2013 Consultant, Florida NY School District.
- 2012-present Consultant, Rockland BOCES, NY.
- 2011-2015 DBT Research and Therapy Consultant, Randomized Controlled Trial of DBT for Suicidal Adolescents. PIs: Linehan, McCauley, Asarnow, & Berk, University of Washington and UCLA Medical Center.
- 2010-2015 Data Safety Monitoring Board Member, Depression Prevention Initiative-A study of IPT-AST in School Settings, NIMH RO1 Grant, PI: J. Young, Rutgers University, NJ.
- 2010-2012 Consultant, Mamaroneck and Scarsdale School Districts, NY.
- 2008-2010 Consultant, Ardsley, Bedford and Pleasantville School Districts, NY
- 2008-2010 DBT Research and Therapy Consultant/Supervisor. Randomized Controlled Trial of DBT for Suicidal Adolescents. PI: Emily Cooney, New Zealand.
- 2007-2010 Suicide Research Consultant, The Aboriginal Suicide Prevention Project. PI: Jitender Sareen, MD, University of Manitoba, Canada.
- 2007-2010 DBT Consultant, NIMH K-Award Evaluating Effectiveness of DBT for Bipolar Adolescents. PI: Tina Goldstein, PhD, University of Pittsburgh, PA
- 2006-2008 Self-Injury Consultant, MINT Foundation, Adapting Interpersonal Psychotherapy for Depressed Adolescents for Depressed Adolescents Engaging in Self- injury PI: Colleen McClain- Jacobson, PhD, Columbia University, New York, NY.
- 2006-present DBT Research and Therapy Consultant/Supervisor, Randomized Controlled Trial of DBT for Suicidal Adolescents. PIs: Lars Mehlum, Bo Larsson, & Berit Groholt, Suicide Research Unit Oslo, Norway.
- 2006-2007 DBT Consultant/Supervisor, Child Guidance Center of Greater Waterbury, Waterbury CT. Clinical Director: Christine Dauser, PsyD
- 2005-2008 Data Safety Monitoring Board Member, Group Interpersonal Psychotherapy for Depressed Adolescents (IPT-A) in School-based Clinics, NIMH RO1 Grant, PI: L. Mufson, New York, NY.
- 2005-2006 DBT Consultant/Supervisor, Children's Services, UMDNJ, New Jersey Task Force for Child and Adolescent Trauma: DBT Implementation for Teens, PI: S. Esquilin, UMDNJ, Newark, NJ.
- 2004-2005 DBT Consultant, NIDA Phase 1 Validation CD-ROM Grant, PI: L. Dimeff, BehavioralTech Research, Seattle, WA.

**Consulting (continued):**

- 2003-2004 Research Consultant, Violence, Gender, & Health: The Impact of Child Maltreatment on Adolescent and Adult Health Outcomes. NET Grant. PI: C. Wekerle, University of Toronto, Toronto, Canada.
- 2003-2005 DBT Consultant/Supervisor, Center for Children's Support, UMDNJ School of Osteopathic Medicine, Stratford, NJ.
- 2002-2004 Adolescent Mental Health Consultant, Infant Health and Development Project (IHDP) Phase IV: Age 17 Follow-Up. Grant funded by the Robert Wood Johnson Foundation. PI: J. Brooks-Gunn, Teacher's College, Columbia University, NY.
- 2002-2003 Research Consultant, Adolescent Substance Use and Suicidal Behaviors: The Role of State-Level Alcohol and Illicit Drug Policy. Grant funded by the Robert Wood Johnson Foundation. PI: P. Chatterji, Harvard University, Cambridge, MA.
- 2001-2003 DBT Consultant, Far Rockaway High School & Forensic Treatment Programs, Grant funded by the State Office of Mental Health. PI: J. Carney, DSW, FECS, Queens, NY.
- 1998-1999 Consultant, Dialectical Behavior Therapy within Health Class Curriculum Saugerties High School, Saugerties, NY

**Research Experience:**

- 2021- Research consultant, iKinnect 2.0 for Juvenile-Involved Youth at Risk for Suicide funded by NIMH. PIs: Linda Dimeff, PhD & Cindy Schaeffer, PhD
- 2015-present Co-investigator, Research studies conducted at CBC
- 2014-2016 Research Mentor & Co-investigator for Dr. Becky Lois, K Award funded by the Albert Einstein College of Medicine, Bronx, NY.
- 2013-present Co-Investigator, *One, five, and 10-year follow up to Randomized Controlled Trial of DBT for Suicidal Adolescents*. Oslo, Norway. Funded by Norwegian Government. PIs: Lars Mehlum, Bo Larsson, & Berit Groholt.
- 2012-2015 Research Mentor, Miguelina German, PhD, K Award funded by the Albert Einstein College of Medicine, Bronx, NY.
- 2008-2011 Principal Investigator, *The development and evaluation of the Comprehensive Assessment of Adolescent Suicide and Self-Injury (CAASSI)*. Montefiore Medical Center/Albert Einstein College of Medicine. Funded by the MINT Foundation.
- 2006-2012 Co-Investigator, *Randomized Controlled Trial of DBT for Suicidal Adolescents*. Oslo, Norway. Funded by Norwegian Government. PIs: Lars Mehlum, Bo Larsson, & Berit Groholt.

**Research Experience** (continued):

- 2005-2008 Co-Investigator, *Developing Centers on Interventions for the Prevention of Suicide*. New York State Psychiatric Institute/Columbia University, and Montefiore Medical Center/AECOM, New York. Funded by the NI MH. PI: B. Stanley, MD.
- Member of Intervention Workgroup and Treatment Engagement and Adherence Work Group
- 2003-2005 Principal Investigator, *Mindfulness Skills Training for Depressed and Suicidal Adolescents*. Montefiore Medical Center/Albert Einstein College of Medicine, Bronx, NY. Funded by the Center for Integrative Studies
- 2004-2012 Co-Principal Investigator, *School Support Demonstration Project*. Funded by NY
- 2001-2004 State Departments of Health, Mental Health, and Education, Co-PI: D. Appel, MD
- 1998-2004 Co-Investigator, *HIV/AIDS Treatment Adherence, Health Outcomes and Cost Study*. Department of Psychiatry and Behavioral Sciences, Montefiore Medical Center/Albert Einstein College of Medicine, Bronx, NY. Funded by 6 federal agencies, including SAMHSA, NIMH, NIDA, NIAAA, CSAT, & HRSA.  
PI: M. Winiarski, PhD
- DBT Project Leader/Supervisor.
- 1999-2002 Co-Investigator, *A randomized controlled trial of dialectical behavior therapy in suicidal adolescent inpatients*. Health Sciences Centre, University of Manitoba, Winnipeg, Canada. Funded by Health Sciences Centre, PI: L. Katz, MD.
- Co-developed inpatient treatment protocol and research design
- 1995-2015 Research Coordinator, Adolescent Depression and Suicide Program  
Montefiore Medical Center/Albert Einstein College of Medicine, Bronx, NY  
Developing and coordinating research protocols, supervising doctoral dissertations, and mentoring psychiatry fellows conducting research
- 1992-1993 Clinical-Research Psychology Intern, Department of Psychiatry and Behavioral Sciences, Montefiore Medical Center/Albert Einstein College of Medicine, Bronx, NY.
- Evaluation of components of CBT effective in treatment for panic disorder
- 1991-92 Project Coordinator, Xanax-SR Study, Upjohn Co., Anxiety and Depression Clinic, Department of Psychiatry and Behavioral Sciences, Montefiore Medical Center, Bronx, NY.

**Major Clinical Experience:**

- 2004-Present Individual, family, couple and group therapist at Cognitive Behavioral Consultants, LLP. White Plains and Manhattan, NY

**Major Clinical Experience** *(continued)*:

- 2000-2002 DBT Therapist, in SAMHSA study, conducting DBT skills training group and individual therapy with HIV-infected substance abusing adults diagnosed with borderline personality disorder in AECOM methadone maintenance clinics.
- 1995-2015 Therapist, conducting individual, family, group and multi-family group therapies; employing crisis management, CBT, and DBT with teens and their families, ADSP, Montefiore Medical Center, Bronx, NY.
- 1995-2004 Private Practice, child, adolescent, adult, couple, and family therapy, White Plains, NY.
- 1995-1996 Assistant Attending Psychologist, conducted psychotherapy with substance abusing and chronic mentally ill adults in Adult Outpatient Psychiatry Department, Montefiore Medical Center, Bronx, NY.
- 1993-1995 Staff Psychologist, conducted individual, family and group therapies on adolescent inpatient unit, Four Winds Hospital, Katonah, NY
- 1992-1993 Psychology Intern, received intensive training in cognitive behavioral therapy for anxiety and mood disorders, Albert Einstein College of Medicine/Montefiore Medical Center, Bronx, NY.

**Major Teaching Experience:**

- 2006-present Coordinator and lead trainer of DBT Intensive Training Program (35 hours) for PGY IVs, child psychiatry fellows, psychology interns/externs, social workers and attending staff from inpatient and outpatient programs in the Department of Psychiatry and Behavioral Sciences, Montefiore Medical Center, Bronx, NY.
- 2004-present Teach DBT, suicide and risk assessment, professional issues, school consultation to post-doctoral fellows, pre-doctoral psychology externs, school psychology interns, social work interns, CBC, White Plains, NY.
- 2004-2015 Behavioral emergencies: Assessment and crisis intervention, Psychology Internship Curriculum, Albert Einstein College of Medicine/Montefiore Medical Center, Bronx, NY.
- 2004-present Professional issues, Psychology Internship Curriculum, Albert Einstein College of Medicine/Montefiore Medical Center, Bronx, NY.
- 2000-2004 Child/adolescent therapy, Psychology Internship Curriculum, Albert Einstein College of Medicine/Montefiore Medical Center, Bronx, NY
- 1997-2019 Conduct DBT training workshops internationally, Behavioral Tech, Seattle, WA
- 1997-2007 Dialectical behavior therapy for adolescents (5 classes), for psychiatry fellows, psychology interns, and staff, New York Presbyterian Hospital, NY, NY.

**Major Teaching Experience** *(continued)*:

- 1997-2015 Conduct case conferences of adolescent and adult inpatients and adult outpatients, Montefiore Medical Center and Bronx Psychiatric Center/AECOM, Bronx, NY.
- 1996-2005 Coordinator and lead trainer -- dialectical behavior therapy intensive training workshop (16 hours), for PGY IVs and Vs, psychology interns/externs, and attending staff from inpatient and outpatient departments of the Department of Psychiatry and Behavioral Sciences, Montefiore Medical Center, Bronx, NY.
- 1996-2015 Coordinator and teacher of dialectical behavior therapy, in Residency Training Program Curriculum, PGY IIIs, Albert Einstein College of Medicine, Montefiore Medical Center, Bronx, NY.
- 1995-2005 Year-long Child/Adolescent Seminar for psychology interns/externs, Albert Einstein College of Medicine/Montefiore Medical Center, Bronx, NY.
- 1991-1992 Cognitive and Personality Assessment, teaching assistant, Ferkauf Graduate School of Psychology, Yeshiva University, Bronx, NY

**Supervisory Experience:**

- 2016-present Supervising school-clinical psychology interns and pre-doctoral externs, Cognitive Behavioral Consultants, LLP, White Plains and Manhattan, NY
- 2010-2012 Psychologists and social workers implementing DBT in elementary, middle schools and high schools in Montefiore Medical Center's School-Based Health Clinics, Bronx, NY.
- 2004-present Supervising post-doctoral psychology students, Cognitive Behavioral Consultants, LLP. White Plains and Manhattan, NY
- 2008-2016 Psychologists and psychiatrists adapting DBT for youth with chronic medical problems, including kidney disease, sickle cell, IDDM, and obesity, Department of Pediatrics, Children's Hospital at Montefiore (CHAM), Bronx, NY.
- 2002-2012 Psychologists, psychiatrist, social worker, nurse practitioner, family outreach worker, and trainees, conducting evidence-based assessments and primary (Positive Behavioral Interventions and Support), secondary (Functional Behavioral Analyses), and tertiary (Coping Cat; Incredible Years; DBT, Anger Management) prevention programs in PS 8 elementary school-based health clinic, NY State Demo Project, Bronx, NY.
- 2002-2003 Psychologists and social worker conducting treatment in Bronx middle and high-schools, as part of Montefiore Medical Center School-Based Health Centers, Bronx, NY
- 2000-2002 Research therapists conducting DBT with HIV+, substance abusing adults diagnosed with borderline personality disorder, as part of SAMHSA cost and intervention study, Albert Einstein College of Medicine.

**Supervisory Experience** *(continued)*:

- 1997-2007      Doctoral psychology students conducting cognitive behavior therapy with adult patients from the Behavioral Disorders Clinic and Anxiety and Depression Clinic of Ferkauf Graduate School of Psychology of Yeshiva University
- 1997-2015      Unlicensed psychologists requiring one-year of post-doctoral supervision, conducting treatment with children and adolescents in the Child Psychiatry Outpatient Department, AECOM/Montefiore Medical Center.
- 1996-2002      Psychiatry residents (PGY IIIs) conducting child/adolescent psychotherapy in Child Psychiatry Outpatient Department, AECOM/Montefiore Medical Center.
- 1996-2006      Psychiatry residents (PGY IVs, Vs, & VIs) conducting DBT with depressed and suicidal adolescents, AECOM/Montefiore Medical Center
- 1995-2015      Faculty, psychology interns/externs, psychiatry residents and fellows conducting individual, family, and group therapies with teenagers and families in the Adolescent Depression and Suicide Program, AECOM/Montefiore Med Ctr.
- 1994-1995      Psychology interns on acute adolescent inpatient unit, Four Winds Hospital

**PUBLICATIONS**

**Books:**

- Dimeff, LA, **Miller, AL** & Conley, C. (in preparation). *Experiencing DBT from the Inside Out: A Self Practice/Self Reflection Workbook for Therapists*. The Guilford Press, NY.
- Mazza, JJ, Dexter-Mazza, ET, **Miller, AL**, & Rathus, JH (In press). *DBT Skills Training in Schools: The Skills Training for Emotional Problem Solving for Children (DBT STEPS-E)*. The Guilford Press, NY.
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**Book Reviews:**

- Liebman, MG., & **Miller, AL**. (2015). A modern approach to historical narcissism. A review of the book [The Americanization of Narcissism], *PsycCritiques-Contemporary Psychology: APA Review of Books*, , American Psychological Association.
- Hashim, R, & **Miller, AL**. (2011, September 21). A User-Friendly Guide to Managing Suicide on the Front Lines of Primary Care. A review of the book [Managing Suicide Risk in Primary Care]. *PsycCritiques-Contemporary Psychology: APA Review of Books*, 56, Article 6, American Psychological Association.



**Book Reviews (continued):**

- Steinberg, S. & **Miller, AL.** (2008). A Handbook for Adolescent Health Practitioners. A Review of the book [Behavioral and Emotional Disorders in Adolescents, Nature, Assessment and Treatment]. *International Journal of Cognitive Therapy*.
- Miller, AL.** (2007, January 10). A Suicide Survivor Guide: Helping Families and Professionals Heal. A Review of the book [*Dying to be free. A healing guide for families after suicide*]. *PsycCritiques-Contemporary Psychology: APA Review of Books*, 52, (No. 2), Article 13. American Psychological Association.
- Miller, AL.** (2001). Book Review: McGinn, LK, & Sanderson, WC (1999), *Treatment of Obsessive-Compulsive Disorder*. *American Journal of Psychotherapy*, 55, 134-136.

**Non-Peer Reviewed Publications:**

- Miller, AL & Rigogiannis, F.** (2016). Dialectical Behavior Therapy: Building Lives Worth Living. *Westchester County Psychological Association*.
- Rathus, JH, **Miller, AL,** & Campbell, B. (2008). Dialectical behavior therapy for suicidal multi-problem adolescents. *The Clinical Psychologist*, 61, 16-18.
- Emanuele, JM, Rohde, P, & **Miller, AL.** (2008). Challenges and discoveries of applying the Coping with Depression Course to ethnic minority youth. *Child and Family Policy and Practice Review*, 4, 8-11.
- Miller, AL.** (2007). Division 12 APA Program August 2007. *The Clinical Psychologist*, 60, 24-26.
- Miller, AL.** (2007). Treatments for suicidal individuals: An exciting update. *Behavioral Emergencies Update*, 1, 1-2.
- Muehlenkamp, JJ, Jacobson, CM, **Miller, AL,** & LeGrand, GC. (2007). Borderline personality features predict self-injurious behaviors in adolescents. *Behavioral Emergencies Update*, 1, 9-11.
- Miller, AL.** (2006). Evidence-based risk assessment in the real world: Concerns and recommendations. *Behavioral Emergencies Update*, 1, 1-3.
- Muehlenkamp, JJ, & **Miller, AL.** (2004). What is suicidal behavior? Definitional problems in research and practice. *Behavioral Emergencies Update*, 1, 5-6.
- Spiegelman, JS, & **Miller, AL.** (2002). Behavioral emergencies: New efforts to improve psychology training. *APPIC Newsletter*, XXVI(3), 13.
- Johr, G, Hartstein, J, & **Miller, AL.** (2002). Challenges in the field of adolescent suicide research. *Behavioral Emergencies Update*, 4, 6 and 11.
- Miller, AL,** & Wyman, SE. (1999). Suicidal adolescents: who are they and how can we help them? *Journal of the California Alliance for the Mentally Ill*, 10, 61-63.

**Unpublished Manuscripts:**

- Miller, AL.** (1993). *Self-other differentiation and the concept of life in psychotic and non-psychotic adolescents.* (Doctoral Dissertation)-Received Distinction Honors
- Miller, AL,** Rathus, JH, & Linehan, MM (1995, 1999; 2008). *DBT with adolescents: Multi-family group skills training manual.* Unpublished skills training manual. Montefiore Medical Center/Albert Einstein College of Medicine, Bronx, NY.
- Miller, AL,** Wagner, EE, Greene, LI, & Winiarski, MG. (2000). *Dialectical behavior therapy in a triply diagnosed population of persons living with HIV/AIDS with psychiatric and substance abuse diagnoses.* Unpublished treatment manual. Montefiore Medical Center/AECOM, Bronx, N.Y.

**Selected Lectures by Invitation -- Dr. Alec L. Miller:**

- 6/23 *Rye SEL Institute Keynote Presentation.* Invited Presentation for Teachers, Rye City School District, Rye, NY.
- 6/23 *Developing a Practice.* Invited Presentation for Interns, Montefiore Medical Center/AECOM, Bronx, NY.
- 5/23 *Regulating Others Emotions by Cultivating a More Validating Environment: DBT in Clinical and School Settings.* Invited Presentation, Long Island University: Hudson at Westchester, New York, NY.
- 3/23 *Suicide Prevention Training (Primer to DBT-A).* Invited Lecture for Clinicians, Wellness Institute, Brooklyn, NY.
- 3/23 *Teaching the “How Tos” of Effective Validation to Help Regulate Your Child or Student.* Invited Lecture for Parents and Teachers, Wellness Institute, Brooklyn, NY.
- 12/22 *DBT: A Treatment that Reduces Suicide and Self-Harm.* Virtual Grand Rounds Presentation. University of Kansas-Wichita, KS.
- 10/22 *CHANGING THE WORLD: Making a Difference using Grit, Intellect and Creativity.* Invited Member of Panel with Maurice DuBois (*Anchorman, CBS News*), Jim Yong Kim, MD, PhD (*Vice Chairman/Partner at Global Infrastructure Partners and Exec Director/Co-Founder of Partners in Health*), and Justin Paul & Benj Pasek (*Oscar, Grammy, Tony and Golden Globe Award-winning Creative Artists*), Two Bridge, Irvington, NY.
- 10/22 *Applying DBT Skills and Strategies: Helping Students Adjust to the Post-Pandemic World.* Invited Presentation, NYASP 2022 Annual Conference, Albany, NY.

**Selected Lectures by Invitation – Dr. Alec L. Miller (continued):**

- 10/22 *DBT Risk-Assessment*. Invited Lecture for CE Talk Series (CBC & PNW BOCES), White Plains, NY.
- 9/22 *DBT in Schools: Bringing DBT to the Front Lines*. Invited Virtual Presentation, 2<sup>nd</sup> Iberoamerican DBT Congress, Brazil.
- 5/22 *Talk Saves Lives: An Introduction to Suicide Prevention*. Invited member of Panel, Rivertown Parents, Ardsley, NY.
- 5/22 *Bringing DBT to Teladoc – DBT Sustainability: Building Mastery of Skills in the Workplace*. Invited Lecture with Kelly Graling, Teladoc, Denver, CO.
- 2/22 *DBT with Adolescents Turns 25: Clinical and Research Updates*. Virtual Grand Rounds Presentation, New Jersey Psychological Association, NJ.
- 1/22 *Helping Children & Parents Copes After the Pandemic: Emotion Regulation Skills for School and at Home*. Invited Lecture, Heard in Rye, NY.
- 11/21 *Preparing our Youth for the Mental Health Challenges of the 21<sup>st</sup> Century: Mindful Students and Mindful Staff*. Invited Lecture, Wilton High School, CT.
- 8/21 *Identifying and Intervening with Ourselves and Each Other to Address Burnout: Increasing Awareness and Self-Care*. Invited Lecture, Alera Group, Deerfield, IL.
- 7/21 *Preparing our Youth for the Mental Health Challenges of the 21<sup>st</sup> Century: Mindful Students and Mindful Staff*. Keynote Address. Invited Lecture, The New York Council of Administrators of Special Education (NYCASE) Summer Institute Albany, NY.
- 6/21 *Applying DBT to School Settings*. Grand Rounds Presentation. Invited Virtual Lecture, Rockland Children’s Psychiatric Center, Orangeburg, NY.
- 5/21 *Implementing DBT in Schools*. Invited Webinar, America’s Service Commissions (ASC). Based in Washington, DC.
- 5/21 *Helping Students, Staff and Parents Cope During and Flourish After the Pandemic: DBT Skills and Strategies at School and at Home*. Invited Virtual Lecture, PTA of Easton Redding Region 9 School District, CT.
- 5/21 *DBT in Schools: Sustainability Challenges and Successes*. Invited Presentation, DBT in Schools Summit, CBC, NY.
- 2/21 *Applying DBT Skills and Principles in a Pandemic at School and Home*. Invited Virtual Lecture, PTA of Bronxville Public Schools, NY.
- 1/21 *“Is this youth at risk for suicide?” Assessing Evidence-Based Risk and Protective Factors*. Grand Rounds Presentation. Invited Virtual Lecture, Maimonides Medical Center, Brooklyn, NY.

**Selected Lectures by Invitation – Dr. Alec L. Miller (continued):**

- 11/20 *Preparing our Youth for Mental Health Challenges of the 21<sup>st</sup> Century. Bringing DBT Skills to the Community.* Invited Virtual Lecture, NYC Family Court Judges, New York, NY.
- 10/20 *Dialectical Behavior Therapy (DBT) as a School-Based Emotional Program.* Invited Virtual Lecture. Hosted by Connecticut Association of Schools (CAS).
- 8/20 *Creating Safer Schools: Building Social Emotional Wellness and Resiliency in School.* Invited Virtual Lecture, New York Schools Insurance Reciprocal (NYSIR) Symposium, Tarrytown, NY.
- 6/20 *DBT & CBT Skills We Use During a Pandemic.* Co-presented with Dr. Lata McGinn. Invited Virtual Lecture. Hosted by NYASP & WCPA.
- 5/20 *Finding Calm in the Chaos: Managing Your Emotions in the Face of the Pandemic (Tips for Parents and Families).* Invited PTA Virtual Lecture, Bronxville Public Schools, NY.
- 4/20 *Finding Calm in the Chaos: Managing Your Emotions in the Face of the Pandemic (Tips for Parents and Families).* Invited PTA Virtual Lecture, Fairfield Public Schools, NY.
- 3/20 *DBT for Adolescents and Families: Meeting the Challenges of our Youth in the 21<sup>st</sup> Century.* Grand Rounds Presentation. Invited Lecture, Weill Cornell Medicine's Department of Psychiatry, Westchester Division, White Plains, NY.
- 2/20 *Implementing DBT in Schools, An Administrative Overview.* Invited Lecture, Putnam Northern-Westchester BOCES, NY.
- 11/19 *State of the DBT Union.* Invited Lecture, Peachtree DBT, Atlanta, GA.
- 7/19 *Preparing our Youth for the Mental Health Challenges of the 21<sup>st</sup> Century: Mindful Students and Mindful Staff.* Invited Convocation Lecture, Weston Central School District, CT.
- 6/19 *Research and Clinical Adaptations of Dialectical Behavioral Therapy with Adolescents.* Grand Rounds Presentation. Invited Lecture, Rockland Children's Psychiatric Center, Orangeburg, NY.
- 4/19 *Increasing Emotional Resilience: Bringing DBT to Schools.* Invited PTSA Lecture, Irvington Central Schools, NY.
- 3/19 *Borderline Personality Disorder in Adolescents.* Invited Panelist by Western Australia BPD Association, Perth, Australia.
- 2/19 *Increasing Emotional Resilience in our Students: Bringing DBT to Schools.* Invited PTA Lecture, Norwalk Central Schools, CT.
- 1/19 *Increasing Emotional Intelligence, Resilience, and Problem Solving at Home and in Our Schools.* Invited Lecture, Weston Middle Schools, Weston, CT.

**Selected Lectures by Invitation – Dr. Alec L. Miller (continued):**

- 11/18 *Preparing our Youth for the Mental Health Challenges of the 21<sup>st</sup> Century: Mindful Students and Mindful Staff.* Invited Keynote Address, Superintendent’s Conference Day, Monroe-Woodbury Central School District, Central Valley, NY.
- 11/18 *Implementing Comprehensive DBT in Schools.* Invited Lecture, Monroe-Woodbury School Central School District, Central Valley, NY.
- 8/18 *Preparing our Youth for the Mental Health Challenges of the 21<sup>st</sup> Century: Implementing DBT in Schools.* Invited Lecture, Fairfield Warde High School, Fairfield, CT.
- 6/18 *Preparing our Youth for the Mental Health Challenges of the 21<sup>st</sup> Century: Implementing DBT in Schools.* Invited Lecture, Hotchkiss School, Lakeville, CT.
- 5/18 *Preparing our Youth for the Mental Health Challenges of the 21<sup>st</sup> Century: Applying DBT in Schools.* Invited Lecture, Putnam Northern-Westchester BOCES, NY.
- 5/18 *Preparing our Youth for the Mental Health Challenges of the 21<sup>st</sup> Century: Building Resilience by Bringing DBT Skills to Schools.* Invited Lecture, Fairfield School District, Fairfield, CT.
- 3/18 *Who Can Relate? Featuring Logic.* Panel Discussion with Glenn Close, Brandon and Michi, Marshall, Senator Debbie Stabenow, Peter Tunney, Hakeem Rahim, Harris Schwartzberg, and Logic, University of Michigan.
- 3/18 *Adolescent Mental Health Challenges in the 21<sup>st</sup> Century? DBT Coping Strategies for Teens.* Invited Lecture. Invited Lecture, Ardsley School District, Ardsley, NY.
- 3/18 *Preparing our Youth for the Mental Health Challenges of the 21<sup>st</sup> Century: Considerations for Families, Schools, & Mental Health Professionals.* Invited Lecture, Westport School District, Westport, CT.
- 3/18 *Preparing our Youth for the Mental Health Challenges of the 21<sup>st</sup> Century: Considerations for Families, Schools, & Mental Health Professionals.* Invited Lecture, Google, New York City, NY.
- 1/18 *DBT Skills Update for Adolescents and Families.* Family Connections Program/NEA-BPD, White Plains, NY.
- 11/17 *Research and Clinical Adaptations of DBT with Adolescents.* Grand Rounds, Morristown Medical Center, Morristown, NJ.
- 8/17 *Adolescents Suicide, Self-Harm, and Substance Abuse in the 21<sup>st</sup> Century Considerations for Families, Schools, Mental Health Professionals, and After School Programs.* Invited Lecture, Boys and Girls Club, Mount Kisco, NY.
- 8/17 *Applying DBT in Schools: How to Validate Our Students.* Commencement Address, Hendrick Hudson School District, Montrose, NY

**Selected Lectures by Invitation – Dr. Alec L. Miller (continued):**

- 7/17 *DBT in Schools*. Invited Lecture, Behavioral Care Center of New Jersey. Florham Park, NJ.
- 7/17 *How to Mindfully Focus Ourselves and Our Students (While Juggling Bowling Balls, Chainsaws, and Cotton Balls)? By Using Dialectical Behavior Therapy Life Skills and Theory*. Invited Lecture, Hendrick Hudson School District. Hendrick Hudson, NY.
- 7/17 *Advanced Topics in Adolescent DBT*. Invited Lecture, Princeton House Behavioral Health. Hamilton, NJ
- 3/17 *Self-Harm: The Coping Strategy for Youth in the 21<sup>st</sup> Century: Guidelines for families, schools, and mental health professionals*. Invited Lecture, Ferkauf Graduate School of Psychology, Yeshiva University, NYC, NY
- 1/17 *DBT in Schools: What Stevenson Does & What Your School Can Do*. Invited Lecture, Robert Louis Stevenson High School. New York, NY
- 10/16 *Adapting DBT for Schools*. Key Note Address, First School Summit. Newton-Wellesley Hospital. Newton, MA
- 10/16 *Research and Clinical Adaptations of Dialectical Behavior Therapy with Adolescents*. Grand Rounds, University of Michigan Department of Psychiatry. Ann Arbor, MI.
- 9/16 How to help Depressed and Suicidal Teenagers. Invited Webinar, Anxiety and Depression Association of America. New York, NY.
- 6/16 *DBT; A Mindfulness-Based Treatment for Adolescents and their Families*. Invited Lecture, NAMI Southwest CT. Greenwich, CT.
- 5/16 *Applying DBT to teens and families*. Invited lecture. East Metro Youth Services, Toronto, CA.
- 3/16 *Research and Clinical Adaptations of Dialectical Behavior Therapy with Adolescents*. Grand Rounds, The Children’s Hospital of Philadelphia, Philadelphia, PA.
- 1/16 *Dialectical Behavior Therapy in Schools with Multi-Problem Children and Adolescents*. Invited Lecture, Staples High School. Westport, CT.
- 12/15 *DBT Emotion Regulation and Distress Tolerance Skills for Students K-12th Grades*. Invited Lecture, New York Association of School Psychologists. Scarsdale, NY.
- 12/15 *Intervening with Suicidal and Self-injuring Substance Abusing Adolescents with Emotional and Behavioral Control Issues*. Invited Lecture, Student Assistance Services Corp. Tarrytown, NY.
- 9/15 *Introduction to Dialectical Behaviour Therapy Adapted for Adolescents and their Families (DBT)*. Invited Lecture, Centre Mont-Royal, Montréal, Canada.

**Selected Lectures by Invitation – Dr. Alec L. Miller (continued):**

- 9/15 *Intro to DBT with Adolescents and Families.* Invited Lecture, by CHU Sainte-Justine, Montréal, Canada.
- 2/15 *Self-harm: "The coping strategy for our youth in the 21st Century. How should schools and parents respond?"* Invited Address, by PTA of Tuckahoe, Bronxville, Eastchester, and Pelham School Districts. Tuckahoe, NY.
- 2/15 *Self-harm: "The coping strategy for our youth in the 21st Century. How should school personnel respond?"* Invited Address, by Tuckahoe School District for school personnel. Tuckahoe, NY.
- 7/14 *Self-harm: The coping strategy for our youth in the 21st Century. How should schools respond?* Keynote Address, Council of NY Special Education Administrators Conference, Saratoga Springs, New York
- 7/14 *Administrator burnout: Assessment, prevention and intervention.* Breakout session, Council of NY Special Education Administrators Conference, Saratoga Springs, New York.
- 6/14 *DBT with Adolescents: An evidence-based treatment adapted for clinical and school settings.* Grand Rounds, Nassau County Medical Center, Long Island, NY.
- 5/14 *Update on DBT skills training with adolescents and families.* Invited Lecture, Child Mind Institute, New York, NY.
- 4/14 *DBT with Adolescents: An evidence-based treatment adapted for clinical and school settings.* Grand Rounds, NYU Medical Center, New York, NY
- 2/14 *Applying DBT to adolescents diagnosed with BPD and their families.* Invited Lecture, Veteran's Administration-Ponce School of Medicine Psychiatry Residency Program
- 12/13 *Applying DBT skills to the treatment of multi-problem youth, adults, and families.* Ohel Training Institute. Brooklyn, NY
- 12/13 *Advances in DBT with adolescents and families in outpatient and school settings.* ABCT Webinar
- 10/13 *Applying DBT in school settings.* Invited Lecture, NY State Association of School Psychologists, White Plains, NY.
- 7/13 *How to mindfully focus ourselves and our students? By using Dialectical Behavior Therapy life skills and theory.* Keynote Address, Council of NY Special Education Administrators Conference, Saratoga Springs, New York
- 5/13 *DBT with Adolescents: An evidence-based treatment adapted for clinical and school settings.* Grand Rounds, New York Presbyterian Medical Center, New York, NY

**Selected Lectures by Invitation – Dr. Alec L. Miller (continued):**

- 4/13 *“Is this youth suicidal?” Evidence-based risk and protective factors.* Invited Lecture, NJ Psychological Association, NJ.
- 3/13 *Borderline personality disorder in adolescents and young adults: Research and Treatment.* Invited Lecture, National Educational Alliance for Borderline Personality Disorder, McLean Hospital, CBC, and UCLA, Los Angeles, CA.
- 5/12 *Mindfulness Practice in DBT with Multi-Problem Patients.* Grand Rounds, Maimonides Medical Center, Brooklyn NY.
- 3/12 *DBT with Multi-Problem Adolescents.* Invited Lecture, Ferkauf Graduate School of Psychology, Yeshiva University, Bronx, NY.
- 3/12 *Adolescents at risk: Putting a face on mental illness.* Invited Lecture, NEA-BPD & Brandon Marshall’s Project Borderline. New York, NY.
- 1/12 *Adolescent borderline personality disorder: Diagnosis and Treatment.* Invited Lecture, National Educational Alliance for Borderline Personality Disorder, McLean Hospital, CBCW, White Plains, NY.
- 12/11 *The application of DBT with families.* Grand Rounds, Four Winds Hospital, Katonah, NY.
- 12/11 *DBT with youth: We’ve come a long way AND.....* Invited Keynote Address, Westchester Community Services, Purchase, NY
- 12/11 *Incorporating DBT into Schools: Accomplishments, Challenges, & Future Directions.* Invited Address. WJCS, Purchase, NY
- 10/11 *Advances in DBT with adolescents.* Invited Colloquia, St. John’s University, Queens, NY.
- 10/11 *Advances in DBT with multi-problem adolescents.* Grand Rounds, Rockland Children’s Psychiatric Center, New York.
- 6/11 *DBT for multi-problem adolescents with chronic medical illnesses.* Grand Rounds, Department of Pediatrics, Morristown Memorial Hospital, Morristown, NJ.
- 3/11 *Emotionally dysregulated teens: Who are they, how did they get that way, and how can we help?* Invited Address, Caring for our Anxious Youth Conference, White Plains, NY.
- 3/11 *Advances in DBT with multi-problem adolescents.* Grand Rounds, Lincoln Hospital, Bronx, NY.
- 3/11 *State of the DBT Union: A research update.* Invited Lecture, Fordham University, Bronx, NY.
- 12/10 *Adapting DBT for bipolar youth and families.* Invited Lecture, Child and Adolescent Bipolar Foundation. NYC, NY.



**Selected Lectures by Invitation – Dr. Alec L. Miller (continued):**

- 10/10 *Advances in DBT with multi-problem suicidal adolescents.* Invited Lecture, Westchester Jewish Community Services, White Plains, NY.
- 6/10 *Jazz improvisation: DBT with adolescents, with an emphasis on skills training.* Invited Lecture, NYC-CBT, New York, NY.
- 4/10 *Advances in DBT with multi-problem suicidal adolescents.* Grand Rounds, Bronx Lebanon Medical Center, Bronx, NY.
- 4/10 *Advances in DBT with multi-problem suicidal adolescents.* Grand Rounds, Elmhurst Hospital Center, Queens, NY.
- 1/10 *Adapting DBT to chronically medically ill children.* Invited Lecture, Children’s Hospital at Montefiore (CHAM), Bronx, NY.
- 12/09 *DBT: General principles and its application to adolescents.* Invited Lecture, High Focus Center, New Jersey.
- 12/09 *Advances in DBT with adolescents.* Grand Rounds, Morristown Memorial Hospital, Morristown, NJ.
- 10/09 *Dialectical behavior therapy with multi-problem adolescents. A (not only) skills-based approach.* Invited Lecture, NY State Association of School Psychologists Conference. White Plains, NY.
- 10/09 *Advances in DBT with multi-problem suicidal adolescents.* Grand Rounds, Silver Hill Hospital, New York City Campus.
- 10/09 Mindfulness skills training with multi-problem adolescents. Invited lecture, Four Winds Hospital, Katonah, NY.
- 5/09 *Advances in DBT with multi-problem suicidal adolescents.* Grand Rounds, Silver Hill Hospital, New Canaan, CT.
- 5/09 *Advances in DBT with multi-problem adolescents.* Grand Rounds, Four Winds Hospital, Katonah, NY.
- 4/09 *DBT with suicidal adolescents.* Invited Plenary Address for 1 Day Conference: Beyond the Basics of Suicide Prevention V. Portland, Maine.
- 3/09 *Advances in DBT with multi-problem adolescents.* Grand Rounds, NY Presbyterian Hospital, Westchester Division, White Plains, NY.
- 3/09 *Advances in DBT with multi-problem adolescents.* Grand Rounds, NY Presbyterian Hospital, Payne Whitney Division, NY, NY.

**Selected Lectures by Invitation – Dr. Alec L. Miller** (continued):

- 12/08 DBT with suicidal multi-problem adolescents. Invited lecture, Rockland County Jewish Services, Nyack, NY.
- 11/08 *DBT with Adolescents in Schools and Clinical Settings: A Skills-Based Approach*. Invited Loretta Bender Award Address, Queens Children’s Psychiatric Center, Queens, NY.
- 10/08 *Adolescence or BPD: How to tell the difference?* Invited Plenary Address for 2-Day Conference: Borderline Personality Disorder Across the Life Span: From Research to Community. National Educational Alliance for BPD, Minneapolis, MN.
- 8/08 *Management of non-suicidal self-injurious behaviors among adolescents in school settings*. Invited Lecture, Student Assistance Program, Tarrytown, NY.
- 6/08 *The application of dialectical behavior therapy in school settings*. Invited Lecture, Ardsley School District, Ardsley, NY.
- 5/08 *Assessment of suicidal youth: Evidence-based risk and protective factors*. Invited Lecture, Bedford School District, Bedford, NY
- 4/08 *Suicidal adolescents: Evidence-based risk factors*. Invited Lecture, Department of Psychiatry, McGill University, Montreal, Canada.
- 4/08 *DBT with suicidal multi-problem adolescents*. Invited Lecture, Department of Psychiatry, McGill University, Montreal, Canada.
- 10/07 *Adolescent Self-Injury: Epidemiology and interventions*. National Alliance for Mental Illness (NAMI)-NYC Metro Teleconference Series, “Your Child’s Mental Health.”
- 9/07 *DBT with suicidal multi-problem adolescents*. Grand Rounds, Columbia University, New York Presbyterian Hospital, Department of Psychiatry, New York, NY.
- 6/07 *School mental health: Adapting DBT for schools*. Invited address, Southern Westchester BOCES, Harrison, NY.
- 5/07 *DBT with suicidal, multi-problem adolescents*. Grand Rounds, Brown University, Bradley Hospital, Rhode Island.
- 4/07 *DBT for suicidal multi-problem adolescents*. Invited lecture, Division of Child Behavioral Health, UMDNJ, Piscataway, NJ.
- 4/07 *Crisis management with the suicidal patient*. Grand Rounds, Bronx Lebanon Medical Center, Bronx, NY.
- 3/07 *Dialectical behavior therapy for difficult-to-treat patients: Part II*. Grand Rounds, Hudson Valley V.A. Hospital, Montrose, NY.
- 1/07 *DBT with suicidal adolescents*. Grand Rounds, NYU Child Study Center, NY, NY.

**Selected Lectures by Invitation – Dr. Alec L. Miller** (continued):

- 12/06 *The use of group skills training in dialectical behavior therapy with multi-problem patients.* Westchester Group Psychotherapy Society, Valhalla, NY.
- 10/06 *DBT for suicidal multi-problem adolescents.* Grand Rounds, Queens Children’s Psychiatric Center, Queens, NY.
- 9/06 *Dialectical behavior therapy: Treatment for the suicidal multi-problem adolescent.* Invited lecture, The Reading Hospital & Medical Center, Reading, PA.
- 6/06 *Dialectical behavior therapy for difficult-to-treat patients: Part I.* Grand Rounds, Hudson Valley V.A. Hospital, Montrose, NY.
- 5/06 *Dialectical behavior therapy.* Invited Lecture, Ferkauf Graduate School of Psychology, Bronx, NY.
- 5/06 *Applying DBT to adult inpatients.* Invited Lecture, Bronx Psychiatric Center, Bronx, NY.
- 4/06 *DBT: Basics and beyond.* Invited Lecture, Westchester County Psychological Society. Scarsdale, NY.
- 4/06 *Meet the DBT expert.* Invited Presentation for family members of person diagnosed with BPD, Treatment and Research Association for Personality Disorders, New York, NY.
- 3/06 *DBT for suicidal multi-problem adolescents.* Grand Rounds, Rockland Children’s Psychiatric Center, New York.
- 3/06 *DBT skills training.* Invited Lecture, Children’s Services, UMDNJ, Newark NJ.
- 2/06 *DBT for suicidal adolescents.* Invited Lecture, Rockland County Psychological Society. New York.
- 2/06 *Dialectical behavior therapy with adults.* Grand Rounds, Bronx Psychiatric Center, Bronx, NY.
- 2/06 *Managing suicidal crises in schools* (with Nira Golombeck, MA). Invited Lecture, School for Teaching and the Professions, Bronx, NY.
- 12/05 *DBT: Theoretical nuts and bolts with a research update.* Grand Rounds, Department of Psychiatry, Cabrini Medical Center, New York, NY
- 12/05 *Self-injury, suicide, and DBT with adolescents.* Invited Lecture, Churchill School, Manhattan, NY.
- 10/05 *DBT with multi-problem patients.* Grand Rounds, Bronx Lebanon Medical Center, Bronx, NY.

**Selected Lectures by Invitation – Dr. Alec L. Miller (continued):**

- 10/05 *Borderline Personality Disorder in Adolescents: Fact or Fiction?* Invited Plenary Address, National Education Alliance for Borderline Personality Disorder Conference, Boston, MA.
- 10/05 *DBT with suicidal multi-problem adolescents.* Grand Rounds, NY Presbyterian Hospital, Westchester Division, White Plains, NY.
- 9/05 *DBT with self-injurious adolescents.* Invited Keynote Address, First United Kingdom Adolescent DBT Conference, Oxford, England
- 5/05 *Cognitive behavior therapy for borderline personality disorder.* Invited Lecture, Ferkauf Graduate School of Psychology, Bronx, NY
- 4/05 *Treating adolescent self-injury with DBT.* Keynote address, Adolescent Self-Injury Conference, Sick Kids Hospital, Toronto, Canada
- 3/05 *DBT Part I: Theoretical nuts and bolts with a research update.* Grand Rounds, Montefiore Medical Center, Bronx, NY
- 2/05 *DBT for suicidal multi-problem adolescents.* Invited Lecture, LIU Counseling Program, Purchase Campus, Purchase, NY.
- 2/05 *DBT for suicidal multi-problem patients.* Grand Rounds, Hall-Brooke Behavioral Health Services, Westport, CT.
- 1/05 *Risky business.* Invited Panelist to discuss with parents various types of adolescent risk behaviors, White Plains School District, White Plains, NY.
- 12/04 *DBT with suicidal multi-problem adolescents.* Invited Lecture, Ferkauf Graduate School of Psychology, Bronx, NY.
- 12/04 *Treating multi-problem borderline adult patients with DBT.* Grand Rounds, Manhattan Psychiatric Center, Manhattan, NY.
- 12/04 *Assessment and crisis intervention with self-injurious and suicidal teens.* Invited Lecture, White Plains School District Guidance Counselors, Psychologists, Social Workers, and Administrators, White Plains, NY
- 10/04 *The borderline adolescent.* Invited Lecture, McLean Hospital, Borderline Personality Disorder Conference, Boston, MA.
- 4/04 *BPD, suicidality, and DBT with adolescents.* Invited Lecture, New England Personality Disorder Association, McLean Hospital, Boston, MA.
- 3/04 *Dialectical behavior therapy.* Invited lecture, Occupational Therapy Program, Columbia University, New York, NY.

**Selected Lectures by Invitation – Dr. Alec L. Miller (continued):**

- 12/03 *Canadian suicidal adolescents with borderline personality disorder*, In Advancements in the understanding and treatment of BPD conference. Invited lecture, Centre for Addiction and Mental Health, University of Toronto, Toronto, Canada.
- 12/03 *DBT for suicidal adolescents*. Grand Rounds, Lincoln Medical Center, Bronx, NY.
- 10/03 *Borderline personality disorder and adolescents*. Invited lecture, National Education Alliance for Borderline Personality Disorder, White Plains, NY.
- 3/03 *Adolescent DBT, BPD, and Suicide*. Invited Lecture, Undergraduate Abnormal Psychology Course, Columbia University, New York, NY.
- 2/03 *DBT for adults diagnosed with borderline personality disorder*. Grand Rounds, South Nassau County Hospital Center. Hempstead, NY.
- 1/03 *Adolescent depression and suicide: Identification and treatment*. Invited Workshop, Fordham Prep High School, Bronx, NY
- 12/02 *Adolescent depression and suicide: Identification and treatment*. Invited Workshop, Bronx Alternative High Schools Social Work Departments (Bronx Regional, University Heights, Westside, Lower East Prep, Beacon, School within a School), Bronx, N.Y.
- 12/02 *DBT for suicidal adolescents diagnosed with BPD*. Invited Presentation with E Wagner, PhD, Science to Service Conference “New Hope for BPD,” NIMH, Washington, DC.
- 12/02 *Treating multi-problem difficult to treat patient with DBT*. Invited Lecture, Rutgers University, Piscataway, N.J.
- 10/02 *Family perspectives on borderline personality disorder*. Invited workshop, National Education Alliance for Borderline Personality Disorder Conference, New York Presbyterian Hospital, New York, NY.
- 10/02 *Applying DBT to suicidal adolescents*. Invited Plenary Address, Norway’s National Suicide Convention, Bergen, Norway.
- 10/02 *Engaging suicidal adolescents using DBT*. Two-hour workshop, Mental Health Centre, Bergen, Norway.
- 6/02 *Adolescent depression and suicide: Identification and treatment*. Invited Workshop, Clinical Research Staff of Infant Health and Development Project (IHDP) phase IV: Age 17 Follow-Up. Grant funded by the Robert Wood Johnson Foundation. Teacher’s College, Columbia University, New York, NY.
- 3/02 *DBT for suicidal multi-problem adolescents*. Grand Rounds, First Annual David Gallagher Memorial Lecture, NYU Medical Center, Child Study Center, NY, NY.

**Selected Lectures by Invitation – Dr. Alec L. Miller (continued):**

- 2/02 *Psychosocial treatments for multi-problem patients.* Grand Rounds, Nassau County Medical Center, Hempstead, NY.
- 1/02 *DBT for suicidal multi-problem adolescents.* Grand Rounds, Northshore University Hospital, Manhasset, NY.
- 1/02 *DBT for suicidal multi-problem adolescents.* Grand Rounds, St. Luke's Roosevelt Medical Center, New York, NY.
- 12/01 *Dialectical behavior therapy for suicidal youth.* Grand Rounds, Queens Children's Psychiatric Center, Columbia University School of Medicine, Queens, NY.
- 12/01 *Engaging suicidal multi-problem adolescents using DBT.* Two Invited Lectures, Ferkauf Graduate School of Psychology, Yeshiva University, Bronx, NY.
- 11/01 *Dialectical behavior therapy for suicidal youth.* Grand Rounds, Schneider's Children's Hospital, Long Island Jewish, Albert Einstein College of Medicine, Queens, NY.
- 10/01 *DBT for multi-problem patients.* Invited Lecture, Mental Health Association of Westchester, Armonk, NY.
- 6/01 *DBT for suicidal adolescents conducted at the Adolescent Depression and Suicide Program of the Montefiore Medical Center/Albert Einstein College of Medicine.* Invited Lecturer, Adolescent and Young Adult Suicide Prevention Consensus Conference, National Institute of Mental Health, Bethesda, MD.
- 6/01 *DBT for difficult to treat adult patients.* Invited lecture, New Jersey Cognitive Behavioral Association, Summit, NJ.
- 4/01 *DBT for multi-problem suicidal adolescents.* Invited Lecture, Child Study Center, NYU Medical Center, New York, NY.
- 1/01 *Dismantling DBT for suicidal adolescents?* Invited discussant, Brickell Suicide Colloquium, Department of Psychiatry, Columbia University, New York, NY.
- 10/00 *DBT for multi-problem adolescents that are affected or infected by HIV/AIDS.* Invited Lecture, Special Needs Program, Babies Hospital, New York Presbyterian Hospital, New York, NY.
- 10/00 *Overview of research conducted in the Adolescent Depression and Suicide Program,* Grand Rounds, Department of Psychiatry and Behavioral Sciences, Montefiore Medical Center, Bronx, NY.
- 6/00 *DBT: How can it be applied to adolescents within the school system?* Invited Lecture, School Based Mental Health Teams, Kennedy Center, Albert Einstein College of Medicine, Bronx, NY.
- 5/00 *DBT adapted for suicidal multi-problem adolescents.* Grand Rounds, Department of Psychiatry, Health Sciences Centre, Winnipeg, Canada.

**Selected Lectures by Invitation – Dr. Alec L. Miller (continued):**

- 2/00 *DBT-A with suicidal multi-problem adolescents.* Grand Rounds, New York Medical College, Westchester County Medical Center, Department of Psychiatry, Valhalla, NY.
- 10/99 *DBT with suicidal multi-problem adolescents.* Grand Rounds, Nassau County Medical Center, Long Island, NY.
- 10/99 *DBT-A: A principle-based intervention for adolescents with multiple problems.* Grand Rounds, Columbia Presbyterian Medical Center, NY State Psychiatric Institute, NY, NY.
- 5/99 *DBT with adolescents.* Grand Rounds, Charter Behavioral Health Care, Summit, NJ.
- 5/99 *Treating Methadone Patients with DBT.* Invited workshop as part of COMPA/Counselor Roundtable Conference. “Looking Through a Different Lens: Methadone Counseling for the Millenium.” Beth Israel Medical Center, NY.
- 12/98 *Adolescent suicide and childhood sexual abuse: Assessment and intervention.* Invited lecture, Kingsbridge Heights Community Child Sex Abuse Center, Bronx, NY.
- 11/98 *Adolescent depression and suicide: Identification and treatment.* Invited Workshop, Bronx Alternative High Schools Social Work Departments (Bronx Regional, University Heights, Westside, Lower East Prep, Beacon, School within a School), Bronx, N.Y.
- 6/98 *DBT adapted for suicidal adolescents.* Lecture, Philadelphia Society of Adolescent Psychiatry, Philadelphia, PA.
- 5/98 *Cognitive behavioral treatment of suicidal adolescents diagnosed with borderline personality disorder.* Invited lecture sponsored by Treatment and Research Advancements for Personality Disorders (TARA). Bellevue Hospital, New York, N.Y.
- 4/98 *DBT adapted for suicidal adolescents.* Grand Rounds, Metropolitan Medical Center, New York, NY.
- 8/97 *DBT adapted for suicidal adolescents.* Invited Lecture, Department of Psychology, University of Washington, Seattle, WA.
- 6/97 *DBT adapted for suicidal adolescents.* Invited Workshop, Children and Adolescent Services Committee Conference, NYC DMH, Mt. Sinai Medical Center, New York, NY.
- 6/97 *DBT adapted for suicidal adolescents.* Grand Rounds, Staten Island Mental Health Society, Staten Island, NY.
- 5/97 *DBT adapted for suicidal adolescents.* Grand Rounds, Department of Psychiatry, SUNY Stonybrook, NY.
- 4/97 *Adolescent suicide: What every school professional needs to know.* Invited Workshop, Bronx Borough Parochial Schools, Bronx, NY.

**Selected Lectures by Invitation – Dr. Alec L. Miller (continued):**

- 2/97 *Dialectical behavior therapy for borderline personality disorder.* Invited Lecture, Pace University Counseling Center, Pleasantville, NY.
- 2/97 *Adolescent depression and suicide: Identification and Treatment.* Invited Workshop, Bronx Alternative High Schools Social Work Departments (Bronx Regional, University Heights, Westside, and Beacon), Bronx, NY.
- 2/97 *DBT adapted for suicidal adolescents.* Grand Rounds, Department of Psychiatry, Augusta Mental Health Institute, Augusta, Maine.
- 2/97 *DBT adapted for suicidal adolescents.* Grand Rounds, Department of Psychiatry, Maine Medical Center, Portland, Maine.
- 12/96 *DBT adapted for suicidal adolescents.* Grand Rounds, Department of Psychiatry, St. Joseph's Medical Center, UMDNJ, Paterson, NJ.
- 11/96 *Adolescent suicide: What every school professional needs to know.* Invited Workshop, Bronx Borough Guidance Counselors Staff Development Conference, Bronx, NY.
- 10/96 *Adolescent suicide and depression: What do educators need to know?* Guest Lecturer, Scarsdale Union Free School District, Scarsdale, NY.
- 4/96 *DBT adapted for suicidal adolescents.* Grand Rounds, Department of Psychiatry, Montefiore Medical Center, Albert Einstein College of Medicine, Bronx, NY.
- 1/96 *Suicide assessment and crisis management of adolescents and adults.* Grand Rounds, Department of Social Work Services, Montefiore Medical Center, Bronx, NY.
- 10/95 *Responding to the managed care environment: Brief treatment for suicidal and depressed adolescents and their families.* Invited Colloquium, Stamford Child Guidance Ctr, Stamford, CT.
- 10/95 *Assessment and crisis management of suicidal adolescents.* Invited Colloquium, NYC Board of Education, School Psychologists and Social Workers, NYC, NY.
- 11/93 *Cognitive behavioral treatment of panic disorder.* Grand Rounds, Department of Psychiatry, St. Vincent's Hospital, Harrison, NY.

**Conference Developer and Co-Hosts:**

**Alec L. Miller, PsyD**, Blaise Aguirre, MD, McLean Hospital, Perry Hoffman, PhD, NEA-BPD & Robin Kissel, MD, UCLA. Conference Title: *Diagnosis and Treatment for Adolescents and Young Adults with Borderline Personality Disorder*, March 22, 2013, Los Angeles, CA.



**Conference Developer and Co-Hosts** (continued):

**Alec L. Miller, PsyD**, Blaise Aguirre, MD, McLean Hospital, & Perry Hoffman, PhD, NEA-BPD. Conference Title: *Diagnosis and Treatment for Adolescents with Borderline Personality Disorder*, Keynote Speaker Brandon Marshall (Miami Dolphins) March 9, 2012, Crowne Plaza Hotel, White Plains, NY.

**Conference Presentations:**

**Miller, A.L.**, Wigod, T., Co-chairs. (2023, November). *Increasing the Capacity for Joy in Youth by Using DBT and CBT Interventions in Schools*. Symposium to be presented at the ABCT 57th Annual Convention, Seattle, WA.

*Increasing Access by Bringing DBT to schools*. Invited Presentation with Dr. Mona Potter, ADAA 2023 Annual Conference, Washington, D.C.

*Developing a Private Practice*. Invited Presentation with Mandelbaum, M., Busman, R., Cyran, L., Shen, J., Taliercio, J., Wigod, T., **Miller, A.L.**, & McGinn, L.K. (2022, November). *Examining the Immediate Outcomes of a Five-Day Selective Mutism Intensive Intervention*. Poster presented at the International Society for the Improvement and Training of Dialectical Behavior Therapy Conference (ISITDBT), New York, NY.

Mandelbaum, M., Shen, J., Taliercio, J., Wigod, T., Cyran, L., Wolk, S., Miller, I., McGinn, L.K. & **Miller, A.L.** (2022, November). *Assessing the Effectiveness of DBT Graduate Groups for Adolescents*. Poster accepted to the International Society for the Improvement and Teaching of Dialectical Behavior Therapy Conference (ISITDBT), New York, NY.

Mandelbaum, M., Busman, R., Cyran, L., Shen, J., Taliercio, J., Wigod, T., **Miller, A.L.**, & McGinn, L.K. (2022, March). *Examining the Effectiveness of a One-Day Intensive Selective Mutism Intervention for Children Ages 3-6*. Poster accepted to the Anxiety and Depression Association of American Conference, Denver, CO.

Taliercio, J., Siegel, D., Shen, J., Wigod, T., Yang, L., Cyran, L., Meier, E., Davino, S., Servidio, E., McGinn, L., & **Miller, A.L.** (2021, November). *SAGE: Continued Assessment of Treatment Outcomes for an Intensive Augmented DBT Program for Emerging Adults and Families*. Poster presented at ABCT 55<sup>th</sup> Annual Convention, New Orleans, Louisiana.

Shen, J., Wigod, T., Siegel, D., Taliercio, J., Yang, L., **Miller, A.L.**, & McGinn, L. (2021, November). *Treatment Dropout from an Intensive Augmented DBT Program for Emerging Adults: A Qualitative Analysis*. Poster presented at ABCT 55<sup>th</sup> Annual Convention, New Orleans, Louisiana.

Siegel, D., Shen, J., Wigod, T., Taliercio, J., Cyran, L., Yang, L., Dadd, A., Gerardi, N., Doughty, F., **Miller, A.L.**, & McGinn, L. (2021, November). *A qualitative analysis of barriers and adaptations to ongoing sustainability of DBT in schools: Implications for future research*. Poster presented at ABCT 55<sup>th</sup> Annual Convention, New Orleans, Louisiana.

**Conference Presentations** (continued):

- Rozmid, E., Friedberg, R., **Miller, A.L.**, Thordarson, M., Atsunetseva, A., LaPrade, R. (2021, May). *Dialectical Behavioral Therapy with Adolescents: Fostering a Ninja Mindset*. Presented Pre-Recorded Panel at APA Annual Meeting followed by Live Q & A Session (virtual).
- Miller, A.L.** & Rathus, J. (2020, November). *Adolescent DBT Turns 25*. Presented pre-recorded webinar at ISITDBT Annual Conference, Philadelphia, PA.
- Meier, E., Davino, S., Servidio, E., Vijay, A., Taliercio, J., Shen, J., McGinn, L.K., & **Miller, A.L.** (2020, November). *SAGE: Assessing Treatment Outcomes and Moderators of Change for a Novel, Multi-Component Intensive DBT Program for Emerging Adults and Their Families*. Poster presented virtually at ISITDBT Annual Conference, Philadelphia, PA.
- Chugani, C., **Miller, A.L.**, Mazza, J.J., & Goldstein, T. (2020, November). *From the Classroom to the Community: Increasing Access to Evidence-Based Mental Health Support for College Students*. Discussant, Symposium at ABCT 54<sup>th</sup> Annual Convention, Philadelphia, PA.
- Ufford, A., Wigod, T., Soffer, R., Passman, J., Baruch, E., Sommer, M., Shen, J., Vijay, **A.L. Miller, A.M.**, & McGinn, L.K. (2020, November). *A Qualitative Analysis of Attrition in Parent-Child Interaction Therapy*. Poster presented virtually at ABCT 54<sup>th</sup> Annual Convention, , 2020. Philadelphia, PA.
- Miller, AL.** (2020, October). *Implementing DBT in Schools: Tiers 1-3*. Invited Conference Virtual Session presented at NYASP 2020 Annual Conference, Albany, NY.
- Miller, AL.** (2019, November). *Helping Suicidal Teens Build Lives Worth Living: Key Elements to Orienting and Committing Teens to DBT*. Invited Master Clinician Seminar presented at ABCT 53<sup>rd</sup> National Convention, Atlanta, GA.
- Dadd, A., Graling, K., Gerardi, N., Bonavitacola, L., Brice, C., Buzcek, M., Doughty, F., O'Brien, C., Walker, A., **Miller, AL.**, & McGinn, L. (2019, November). *The Acceptability and Feasibility of Implementing Comprehensive School-Based DBT (CBS-DBT)*. Poster presented at ISITDBT Convention, Atlanta, GA.
- Graling, K., Dadd, A., & **Miller, AL.** (2019, September). *Applying Dialectical Behavior Therapy to Suicidal Multi-Problem Youth in Outpatient Settings*. Presentation at NYS Suicide Prevention Conference, Albany, NY.
- Dadd, A., Graling, K., & **Miller, AL.** (2019, September). *Preventing Suicide in Schools: Implementing DBT at Universal, Indicated, and Targeted Levels of Intervention*. Presentation at NYS Suicide Prevention Conference, Albany, NY.
- Miller, AL.** (2018, November). Discussant in, *Residential Dialectical Behavior Therapy for Adolescents: An Overview of Treatment Outcomes*. (Payne, L., Chair). Symposium presented at ABCT 52<sup>nd</sup> National Convention, Washington, D.C.
- Bonavitacola, L., **Miller, AL.**, McGinn, LK., Zoloth, E., and McFarr, L. (2018, November) Panelist, in *Where is The "C" in DBT?* Panel presented at ABCT 52<sup>nd</sup> National Convention, Washington, D.C.

**Conference Presentations** (continued):

- Graling, K., **Miller, AL.**, and Brice, C. (2018, November) *DBT with Multi-Problem Adolescents*. In, Transdiagnostic Group Psychotherapy for Children and Adolescents (Shiffrin, N., Chair). Symposium presented at ABCT 52<sup>nd</sup> National Convention, Washington, D.C.
- Littman, S., Lee, J., Iwanciw, S., Meyer, C.J.R., Fitzgerald, L.P., Byrnes, J., **Miller, AL.**, & Rathus, JH. (2018, November). *Initial Psychometric Evaluation of the Revised Life Problems Inventory*. Poster presented at ABCT 52<sup>nd</sup> National Convention, Washington, D.C.
- Littman, S., Curcio, D., Inzinna, G., Bromberg, L., Wenick, Y., Byrnes, J., **Miller, AL.**, & Rathus, JH. (2018, November). *Development of the Teen-Family Conflict Scale*. Poster presented at ABCT 52<sup>nd</sup> National Convention, Washington, D.C.
- Miller, AL.** (2018, April) *Applying Comprehensive DBT in Schools*. Invited Keynote Address at the Annual National Conference on DBT, Oslo, Norway.
- Miller, AL.**, Mazza, J, Dexter-Mazza, E, Graling, K, Courtney-Seidler, E, Chugani, C. (2017, November) *How to Deliver DBT in Schools: From Kindergarten through College*. Presented at ISITDBT Convention, San Diego, CA.
- Schwartz, L., Gerardi, N., Garcia, J., Courtney-Seidler, E. A., McGinn, L., & **Miller, AL.** (2017, November). *The Effect of Training and Implementation of DBT in Schools on Staff Burnout*. Poster presented at the ABCT 51st Annual Convention, San Diego, California.
- Yeo, AJ., German, M., Wheeler, L., Hirsch, E., Camacho, K., & **Miller, AL.** (2017, November) *Effects of Dialectical Behavior Therapy on Patterns of Coping in Ethnic Minority Adolescents with a History of Self-Injury*. Poster presented at ABCT 51<sup>st</sup> Annual Convention, San Diego, CA.
- Miller, AL.** Mazza, J. (2017, October). *Applying Targeted and Universal DBT in Schools*. Invited workshop, NYASP Conference, White Plains, NY.
- Grayson, J, Herbert, J, McGinn, LK, & **Miller, AL.** (October, 2016). *Exposure and Response Prevention, Distress Tolerance, Mindfulness, and Acceptance: Expert Perspectives on Treating Anxiety Disorder*. In Rigogiannis, EF & Renz, J, (Moderators). Clinical Round Table the Association of Behavioral Cognitive Therapy, New York, NY.
- Miller, AL.** (2016, October). *Adaptations of DBT for Children and Adolescents in School, Psychiatric, and Medical Setting*. In Miller, AL (Chair) Symposium. Presented at the ABCT 50<sup>th</sup> Annual Convention, New York, NY.
- Lois, BH, Corcoran, VP, **Miller, AL.**, Sweeney, CR, Bauman, LJ & Komeylian, Z. (2016, October). *Tackling the Non-Adherence Problem in Pediatric Chronic Illness: Utilizing Dialectical Behavior Therapy to improve Outcomes*. In Miller, AL (Chair) Symposium. Presented at the ABCT 50<sup>th</sup> Annual Convention, New York, NY.

**Conference Presentations** (continued):

- Lois, BH, **Miller, AL**, Corcoran, VP & Bauman, LJ. (2016, October). *Stopping the Non-Adherence Cycle: The Clinical and Theoretical Basis of Dialectical Behavior Therapy Adapted for Adolescents with Chronic Medical Illnesses (DBT-CMI)*. Presented at ISITDBT Convention, New York, NY.
- Ellman, E., Eubanks, C., German, M., & **Miller, AL**. (2016, October). *Investigating the heterogeneity of self-injurers: A cluster analysis*. Poster presented at the ABCT 50<sup>th</sup> Annual Convention, New York, NY.
- Bonavitacola, L., Zoloth, E., Kamal, F., & **Miller, AL**. (2016, April). *Cognitive rigidity in personality disorders: Clinicians' perspectives on the role of non-dialectical thinking in DBT*. Poster presented at the NASSPD Conference, New York, NY.
- Miller, AL**, Bonavitacola, L., & Buczek, M. (2016, April). *Applying DBT to novel adolescent and young adult populations in clinical and school settings*. Workshop presented at the Annual Conference of the Anxiety and Depression Association of America, Philadelphia, PA.
- Zoloth, E., Kamal, F., McGinn, L., & **Miller, AL**. (2016, April). *Core principles for adapting empirically supported treatments*. Panel presentation presented at the Annual Conference of the Anxiety and Depression Association of America, Philadelphia, PA.
- Miller, AL**. (2016, March). *Research and clinical adaptations of Dialectical Behavior Therapy with adolescents*. Invited Lecture to the annual convention of the American Society of Adolescent Psychiatry. New York, NY.
- Miller, AL**. (2016, January). *Adapting DBT from outpatient to school settings: Prevention and intervention strategies for youth with emotional and behavioral challenges*. Invited lecture to the Harvard Medical School and the Department of Psychiatry at Cambridge Health Alliance annual School Mental Health Conference, Boston, MA.
- Yeo, A. J., German, M., Hirsch, E., & **Miller, AL**. (2015, November). *Ways of coping as a predictor of emotion dysregulation and self-harm among ethnic minority adolescents*. Poster session presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Morris, B. W., Yeo, A., Haliczzer, L., Camacho, K., Ellman, E., Andover, M. S., Germán, M., & **Miller, AL**. (2015, November). *Emotion dysregulation predicts lifetime NSSI frequency in adolescents*. Poster presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Amoh, N., **Miller, AL**, Haliczzer, L. (2015, November). *Using parent-child somatic symptom self-reports to detect depressive symptomatology in Latino and black American adolescent clinical populations*. Poster presented at the 49<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
- Morris, B. W., Yeo, A., Haliczzer, L., Camacho, K., Ellman, E., Andover, M. S., Germán, M., & **Miller, AL**. (2015, November). *Emotion dysregulation is associated with an emotion regulation function of non-suicidal self-injury*. Poster presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

**Conference Presentations** (continued):

- Miller, AL.,** Rathus, J.H., & Spiro, L. (2015, November). *Adolescent DBT multi-family skills training group: A live demonstration*. Mini-Workshop presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
- Lois, R.H., Corcoran, V., Komeylian, C.S., Bauman, L. & **Miller, AL.** (2015, November). *Feasibility of a DBT adaptation to target medical non-adherence: A pilot randomized trial in teens with type 1 diabetes*. Poster presented at the Annual ISITDBT Conference, Chicago, IL.
- Mehlum, L., Ramberg, M., Tormoen, A., Haga, E., Diep, L., Stanley, B., **Miller, AL.,** Sund, A., Groholt, B. (2015, June). *One year follow-up of DBT vs. Enhanced Usual Care for self-harming adolescents*. In, Treatment of suicidal and self-harming behavior in people with borderline personality disorder-results from new psychotherapy trials (Symposium). Presented at the World Congress of the International Association for Suicide Prevention (IASP), Montreal, Canada.
- Miller, AL.** (2015, May). *DBT with adolescents: Advances in research and treatment*. Presented at the 11th Annual Yale NEA-BPD Conference: Meeting the Needs of Children and Adolescents with Borderline Personality Disorder Features. New Haven, CT.
- Mazza, J. & **Miller, AL.** (2015, April). *Applying DBT in school-based settings*. Workshop presented at the annual conference of the American Association of Suicidology, Atlanta, Georgia.
- Lois, R.H., Bauman, L., & **Miller, AL.** (2015, April). *Tackling the non-adherence problem in pediatrics: Using DBT to improve outcomes in Project ADDAPT*. Poster presented at the annual Albert Einstein College of Medicine Pediatrics Department Research Conference, Montefiore Medical Center, Bronx, NY.
- Miller, AL.,** Mazza, J., Mazza, L., Steinberg, S., & Courtney-Seidler, E. (2014, November). *DBT in schools: The do's and don'ts*. Workshop presented at the ISITDBT Conference, Philadelphia, PA.
- Miller, AL.** (2014, November). *Applying DBT to families. In working with families of suicidal adolescents: Empirically based clinical strategies* (M. Berk, Chair) Symposium. Presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- Miller, AL.** (2014, November). *DBT for adolescents: From the trenches in the Bronx to....* In DBT for Adolescents: From the Trenches to Training and Implementation (L. Ritschel, Chair) Symposium. Presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- Germán, M., Corcoran, V., Perret, K., Haliczzer, L., Hirsch, E., **Miller, AL.** (2014, November). *Parental mental health and adolescent suicide attempts: The moderating effect of parent-child interactions*. In Treatment Implications for Ethnic Minority Adolescents at risk for Suicidal Behavior. Presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- Gonzalez, G., Rubin, L., Brillante, J., **Miller, AL.,** Germán, M. (2014, November). *Exploring the role of ethnicity in the relationship between body regard and NSSI*. Presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.

**Conference Presentations** (continued):

DeMairo, J., Corcoran, V., Germán, M., **Miller, AL.** (2014, November). *Dropout in DBT: Predictors in a sample of ethnic minority adolescents.* In Bridges, A. (Chair), Culture and Treatment. Presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.

Germán, M., DeMairo, J., Westphal, C., Hirsch, E., Haliczzer, L., Corcoran, V., **Miller, AL.** (2014, November). *Dropout rates and reasons among an ethnic minority sample.* Presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.

Germán, M., Smith, H., **Miller, AL.**, Rivera-Morales, C., Haliczzer, L., Gonzalez, G., Haaz, C. (2014, November). *DBT with suicidal Latina adolescents: Expanding upon the existing adolescent/family dialectical dilemmas.* In Treatment Implications for Ethnic Minority Adolescents at risk for Suicidal Behavior. Presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.

Serino, D., Ryan, J., Martin, J., Wilson, L., Lander, E., & **Miller, AL.** (2014, November). *Can child behavior checklist pediatric bipolar/dysregulation profile symptoms improve following a 16-week DBT multi-family skills group?* Presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.

Martin, J., Ryan, J., Lander, E., **Miller, AL.**, Serino, D., Wilson, L. (November, 2014). *Tempering tween tantrums with DBT? Feasibility of a DBT multifamily skills group treatment for youth with disruptive mood dysregulation.* Presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.

**Miller, AL.** & Aguirre, B. (2014, September). *Research update: Borderline Personality Disorder.* NAMI Convention, Washington, DC.

Ritschel, L., **Miller, AL.**, Katz, L., & Rathus, J.H. (11/13). *Come on in and tell us your problems: A clinical workshop on DBT with adolescents.* Clinical roundtable presented at the annual meeting of ISITDBT Nashville, TN.

German, M., Haaz, C., Haliczzer, L., Bauman, L., & **Miller, AL.** (11/13). *DBT and cultural considerations: A qualitative study of clinicians' perspectives applying DBT to suicidal Latina adolescents and their parents.* Poster presented at the annual meeting of ISITDBT Nashville, TN.

McGlinchey, E., Courtney-Seidler, E., German, M., & **Miller, AL.** (11/13). *The role of sleep disturbance in suicidal and non-suicidal self-injurious behavior among adolescents.* Poster presented at the Sleep SIG at the annual meeting of the Association of Behavioral and Cognitive Therapies, Nashville, TN.

German, M., Courtney-Seidler, E., Williams, L., Nikitiades, A., Wheeler, L., & **Miller, AL.** (11/13). *Understanding suicidal behavior among Hispanic and African-American adolescents: A test of the Interpersonal Psychological Theory of Suicide.* Poster presented at the Hispanics in Behavior Therapy SIG at the annual meeting of the Association of Behavioral and Cognitive Therapies, Nashville, TN.

**Conference Presentations** (continued):

- Tormoen, A., Kvalstad, G., Stornes, M., **Miller, AL.**, Mehlum, L. (10/13). *Strong enough with DBT: Development and acceptability of an advanced skills group for adolescents.* Poster presented at the International Association for Suicide Prevention, Oslo, Norway.
- Miller, AL.** (11/12). Is DBT effective with multi-problem adolescents? Show me the data! *An international presentation of three randomized trials evaluating DBT with adolescents.* In **Miller, AL.** (Chair) Symposium. Presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
- Mehlum, L., Ramberg, M., Tørmoen, A., Haga, E., Larsson, B., Stanley, B., **Miller AL.**, Laberg S., Sund A.M., Grøholt, B. (11/12). *Dialectical behavior therapy for adolescents with recent and repeated suicidal and self-harm behavior: A randomized controlled trial.* In, Is DBT effective with multiproblem adolescents? Show me the data! An international presentation of three randomized trials evaluating DBT with adolescents. In Miller, AL. (Chair) Symposium. Presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
- Cooney, E., Davis, K., Thompson, P., Wharewera-Mika, J., Stewart, J., & **Miller, AL.** (11/12). *Feasibility of comparing Dialectical Behavior Therapy with treatment as usual for suicidal & self-injuring adolescents: follow-up data from a small randomized controlled trial.* In, *Is DBT effective with multi-problem adolescents? Show me the data!* An international presentation of three randomized trials evaluating DBT with adolescents. In Miller, AL. (Chair) Symposium. Presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
- Courtney, E., German, M., Ellois, V., Buerger, W., & **Miller, AL.** (11/12). *Dialectical behavior therapy for adolescents: Enhancing emotion regulation to decrease internalizing symptomatology.* In, *Developmentally informed applications of mindfulness, ACT, & DBT for internalizing disorders in youth,* Kearns and Chan (Co-chairs) Symposium. Presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
- Zervas, N., Walton, K., **Miller, AL.** (6/12). *Developing and evaluating the Comprehensive Assessment of Adolescent Suicide and Self-Injury (CAASSI).* Poster presented at the annual meeting of the International Society for the Study of Self-Injury (ISSS), Chapel Hill, NC.
- Zervas, N., Walton, K., **Miller, AL.** (6/12). *Exploring the relationship between self-injurious behavior reported on the Comprehensive Assessment of Adolescent Suicide and Self-Injury (CAASSI) and features of borderline personality disorder in adolescents.* Poster presented at the annual meeting of the International Society for the Study of Self-Injury (ISSS), Chapel Hill, NC.
- Zervas, N., Walton K., **Miller, A.**, Ellois, V. Quiros, C. & German, M. (5/12) *Validation study of a measure assessing self-injury among adolescents.* Poster presented at the 20<sup>th</sup> annual convention of the Society for Prevention Research. Washington D.C.
- Buerger, W., German, M., **Miller, AL.** (5/12). *Predictors of self injury in minority adolescents.* Poster presentation at the 20<sup>th</sup> annual convention of the Society for Prevention Research, Washington, DC.

**Conference Presentations** (continued):

- Miller, AL.** (3/12). *Advances in adolescent DBT research and treatment*. Presented at the first annual Diagnosis and Treatment for Adolescents with BPD Conference, sponsored by NEABPD, CBCW, & McLean Hospital. White Plains, NY.
- Foster, A., D'Andrea, W., & **Miller, AL.** (11/11). *The prevalence of Developmental Trauma Disorder (DTD) symptomatology vs. Posttraumatic Stress Disorder (PTSD) symptomatology among a sample of ethnic minority adolescents exposed to trauma*. Poster presented at the annual conference of the International Society of Traumatic Stress Studies, Baltimore, MD.
- Miller, AL.** (11/10). *ISITDBT Research Panel (Chair)*. Presented at the annual meeting of the International Society for the Improvement and Training of DBT, San Francisco, CA.
- Miller, AL.,** & Rathus, J.H. (11/09). *DBT skills training with adolescents and families: Teaching points, dos and don'ts*. Invited Workshop in the Master Clinician Series, at the annual meeting of the Association of Behavioral and Cognitive Therapies, New York, NY.
- Miller, AL,** & Matzner, F. (11/09). *Improving school, family, community, medical, and mental health partnerships: A demonstration project*. In Miller & Matzner (Co-Chair) Symposium. Presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, New York, NY.
- Silverman, T., Ramos, A., Lander, E., Owens, S., Matzner, F., & **Miller, AL.** (11/09). *Implementing comprehensive, evidence-based, mental health treatment in a school-based health clinic: Where theory meets practice*. In Miller & Matzner (Co-Chair) Symposium. Presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, New York, NY.
- Campbell, B., Rathus, J.H., & **Miller, AL.** (11/09). *Acceptability of walking the middle path skills: A new DBT skills module for adolescents and families*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, New York, NY.
- Smith, H., Klein, D., Wren, A., & **Miller, AL.** (11/09). *What reasons do you have to live: Results from suicidal ethnic minority adolescent outpatients*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, New York, NY.
- Tørmoen, A.J., Mehlum, L., **Miller, AL.,** Haga, E., Grøholt, B., Larsson, B. (2009). *Dialectical behavior therapy for suicidal and self-harming adolescents: Preliminary results of a pilot study*. Poster presented at the annual meeting of the ISITDBT, New York, NY.
- Rizvi, S. & **Miller, AL.** (11/08). *Managing therapy-interfering behavior in DBT skills groups*. Invited Workshop at the annual meeting of the ISITDBT, Orlando, Fla.
- Miller, AL.,** & Rizvi, S. (11/07). *Treating therapy-destroying and therapy-interfering behavior in DBT skills groups*. Invited Workshop in the Master Clinician Series, at the annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- Hofmann, S.G., Whittal, M., **Miller, AL.,** Safren, S. & Borrego, J. (11/07). *How to get published in Cognitive and Behavioral Practice*. Special Session presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.



**Conference Presentations** (continued):

- Falender, C., & **Miller, AL.** (8/07). *Children's mental health innovations in evidence-based treatment for ethnic minority children and adolescents*. In Falender & Miller (Co-Chair) Cross-Cutting Symposium. Presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Emanuele, J., **Miller, AL.**, & Rohde, P. (8/07). *Challenges and discoveries of applying the coping with depression course to ethnic minority youth*. Paper presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Miller, AL.**, (11/06). *Practical application of evidenced-based treatments for suicidal adolescents: Dialectical Behavior Therapy, Multisystemic Therapy, and Cognitive Therapy*. In AL Miller (Chair) Clinical Roundtable. Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
- Muehlenkamp, J.J., Jacobson, C.M., **Miller, AL.**, LeGrand, G.C. (11/06). *Borderline Personality features predict self-injurious behavior in adolescents*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
- Emanuele, J., **Miller, AL.**, & Rohde, P. (11/06). *Adapting the Coping with Depression course for the treatment of ethnic minority adolescents*. Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
- Hofmann, S.G., Whittal, M., **Miller, AL.**, Safren, S. (11/06). *How to get published in Cognitive and Behavioral Practice*. Special Session presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
- Jacobson, C.M., Muehlenkamp, J.J., & **Miller, AL.** (10/06). *Psychiatric impairment among adolescents engaging in different types of deliberate self-harm*. Poster presentation at the 53rd annual meeting of the American Academy of Child and Adolescent Psychiatry, San Diego, CA.
- Miller, AL.** (8/06). *Treatments for suicidal adolescents: Are we satisfied?* Section VII Presidential Address, presented at the annual convention of the American Psychological Association, New Orleans, LA.
- Jacobson, C.M., **Miller, AL.**, & Muehlenkamp, J.J. (11/05). *Validating the importance of mindfulness skills among adolescents with borderline personality features*. Poster presented at the 10<sup>th</sup> annual ISITDBT Conference, Washington, DC.
- Miller, AL.**, McClain-Jacobson, C., Muehlenkamp, J.J., & Trospen, S. (11/05). *The Adolescent Mindfulness Questionnaire: Preliminary psychometrics*. In, Bridging the Lab and Clinic: Advances in the Measurement & Training of Emotion Regulation, Mindfulness & Interpersonal Skills (Co-Chairs: Rathus, J, & Nock, M.). Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Washington, DC.
- Rathus, J.H., Wagner, D.B., & **Miller, AL.** (11/05). *Self-Report assessment of emotion dysregulation, impulsivity, interpersonal difficulties, and identity confusion: Validation of the Life Problems Inventory*. In, Bridging the Lab and Clinic: Advances in the Measurement & Training of Emotion Regulation, Mindfulness & Interpersonal Skills (Co-Chairs: Rathus, J, & Nock, M.). Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapy, Washington, DC.

**Conference Presentations** (continued):

- Fishman, P.S., **Miller, AL.**, & Arsenio, W.A. (10/05). *Emotion knowledge and psychological functioning in adolescents*. Poster presented at the 2<sup>nd</sup> annual Yeshiva University Behavioral Sciences Student Research Conference, Bronx, NY.
- Miller, AL.** (8/05). *Assessment and treatment of adolescent violence*. In AL Miller (Chair) Symposium. Presented at the annual convention of the American Psychological Association, Washington DC.
- Rivera, M., McCunn, K., Foote, B., Lyons, L., & **Miller, AL.** (5/05). *Acceptance vs. change: The dialectics of implementing DBT in residency training*. Workshop presented at the annual meeting of the American Psychiatric Association, Atlanta, Georgia.
- Muehlenkamp, J.J., McClain-Jacobson, C., **Miller, AL.** (4/05). *Borderline symptoms and adolescent parasuicide*. Poster presented at the annual meeting of the AAS, Boulder, CO.
- Vettese, L.C., Millar, G., Wekerle, C., McMains, S., Toneatto, T., Ballon, B., **Miller, AL.**, and Links, P. (11/04). *DBT & mindfulness-based aftercare for youth with concurrent disorders*. Poster presented at the CIHR Net Grant Gender and Aggression Workshop, York University, Canada.
- Miller, AL.** & Wagner, E.E., Goldberg, A., Sohler, N., Winiarski, M., & Arno, P. (11/04). *Results from RCT of DBT for triply diagnosed adults*. In AL Miller (Chair) Symposium. DBT for comorbid BPD and substance-related disorders. Paper presented at the 37<sup>th</sup> annual meeting of the AABT, New Orleans, LA.
- Cuevas, C. A., Bollinger, A.R., Morgan, E.E., Vielhauer, M.J., Sohler, N.L., Brief, D.J., **Miller, AL.**, & Keane, T.M. (11/04). *Diagnostic utility and factor structure of the PCL in an HIV+ sample*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies Conference, New Orleans, LA.
- Miller, AL.** (11/04). *DBT for comorbid BPD and substance-related disorders*. In AL Miller (Chair) Symposium. Presented at the 37<sup>th</sup> annual meeting of the AABT, New Orleans, LA.
- Miller, AL.**, & Wagner, E.E. (8/04). *DBT for suicidal multi-problem youth*. In M. Berk (Chair), Psychosocial Treatments for Suicidal Individuals. Paper presented at the annual convention of the American Psychological Association, Honolulu, Hawaii.
- Berman, A., & **Miller, AL.**, (8/04). *Youth and suicidal behavior: Do SSRIs do more harm than good?* Paper presented at the annual convention of the American Psychological Association, Honolulu, Hawaii.
- Fields, J.M., **Miller, AL.**, & Saba, J. (6/04). *Implementing evidence-based interventions in school settings: The Healthy Students Healthy School Initiative in the Bronx*. Paper presented at the National Assembly on School-Based Health Care, New Orleans, LA.
- Siegel, G., Golombek, N., & **Miller, AL.** (5/04). *Dialectical behavior therapy for adolescents: Crisis response tools for managing adolescent suicidality*. Paper presented at the first annual Crisis Intervention Conference, Baltimore, MD.

**Conference Presentations** (continued):

Hartstein, J.L., & **Miller, AL.** (5/04). *Engaging suicidal multi-problem adolescents and their families using DBT.* Paper presented at the 8<sup>th</sup> annual Families Together in NY State Conference, Albany, NY.

Hartstein, J.L., & **Miller, AL.** (4/04). *Engaging suicidal multi-problem adolescents using DBT.* Paper presented at annual convention of the New York State Psychological Association, Saratoga, NY.

Nathan, J.S., **Miller, AL.**, Hartstein, J.L., Goldklang, A., Dexter-Mazza, E. (4/04). *Working with families in a DBT framework.* In J. Nathan (Chair) Symposium, Family interventions for suicidal youth. Paper presented at the annual convention of the American Association of Suicidology, Miami, Fla.

**Miller, AL.**, Rathus, J.H., & Porr, V. (3/04). *Applying DBT to adolescents with borderline personality disorder.* Poster presented at the annual conference of the American Society for Adolescent Psychiatry, Las Vegas, NV.

Wagner, E.E., **Miller, AL.**, & Rathus, J.H. (11/03). *Overcoming obstacles in applying DBT to multi-problem adolescents.* Workshop conducted at the 8<sup>th</sup> Annual Meeting of ISITDBT, Boston, Massachusetts.

**Miller, AL.** & Hartstein, J. (8/03). *Evaluation of suicide risk with adolescents.* In, Professional Development Institute sponsored by Section VII of Division 12: Behavioral emergencies: Suicide risk, violence risk, vulnerable victims. Conducted at the annual convention of the American Psychological Association, Toronto, Canada.

Wagner, E.E., & **Miller, AL.** (6/03). *International Case Conference: Treating a multi-problem teen with DBT.* Invited Lecture, International Society of Adolescent Psychiatry, Rome Italy.

**Miller, AL.**, Woodberry, K.A., Indik, J., & Wagner, EE. (11/02). *Family therapy and DBT with adolescents: Proposing a clinical synthesis.* Workshop conducted at the 7<sup>th</sup> Annual Meeting of ISITDBT, Reno, Nevada.

Sally, M., Jackson, L., Carney, J., Kevelson, J, & **Miller, AL.** (11/02). *Implementing DBT skills training groups in an underperforming high school.* Poster presented at the 7<sup>th</sup> Annual Meeting of ISITDBT, Reno, Nevada.

**Miller, AL.** (10/02). *DBT for suicidal adolescents.* Invited Plenary Speaker, Paper presented at the Third National Conference on Suicide Prevention, Bergen, Norway.

**Miller, AL.**, Altman, B., Garno, J., Goldstein, E., Mitchell, K., Landsman, M., & Wagner, E. (8/02). *Dialectical behavior therapy for suicidal adolescents.* In G. Henriques (chair) Symposium: New innovations in suicide intervention and research. Paper presented at the annual convention of the American Psychological Association, Chicago, Ill.

Mori, M., Ono, K., **Miller, AL.**, & Yeh, C.J. (8/02). *Efficacy of DBT in perceived family functioning among suicidal adolescents.* Poster presented at annual convention of the American Psychological Association, Chicago, Ill.

**Conference Presentations** (continued):

- Mori, M.A., Yeh, C.J., Ono, K., & **Miller, AL.** (4/02). *Spectrum of suicidality among urban ethnic minority adolescent outpatients*. Paper presented at the annual convention of the American Association of Suicidology, Washington, DC.
- Greene, L.I., Wagner, E.E., **Miller, AL.**, & Winiarski, M.G. (8/01). *Trial of dialectical behavior therapy with triply diagnosed clients*. In M. Winiarski (chair) Symposium "Integrated Care for Clients with HIV, Psychiatric, and Substance Abuse Diagnoses" Paper presented at the annual meeting of the American Psychological Association in San Francisco, CA.
- Miller, AL.**, Markowitz, D., Gurtman, M., Hartstein, J., Gutierrez, M., Landsman, M., & Glinski, J. (8/01) "*DB what?*" *Engaging suicidal multi-problem adolescents using dialectical behavior therapy commitment strategies*. In D. Castro-Blanco (chair) Symposium "Empirically-Based Treatment Engagement Strategies With High-Risk Adolescents." Paper presented at the annual meeting of the American Psychological Association in San Francisco, CA.
- Miller, AL.** (8/01). *Dialectical behavior therapy for suicidal multi-problem adolescents*. In M. Fristad (chair) Symposium "Empirically supported treatments for suicidal youth." Invited paper presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Mori, M.A., **Miller, AL.**, Yeh, C.J., Ono, K. (8/01). *The role of family dysfunction in adolescent suicidality*. Poster presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Miller, AL.** & Wagner, E.E. (11/01). *Dialectical Behavioral Therapy: Enhancing social emotional learning in a clinical adolescent population*. Invited paper, presented at the annual meeting of the International Society for Adolescent Psychiatry, Geneva, Switzerland.
- Dimeff, L., & **Miller, AL.** (11/01). *DBT for substance abusing adults*. Workshop presented at the 6<sup>th</sup> annual meeting of the ISITDBT, Philadelphia, PA.
- Miller, AL.**, & Landsman, M. (11/01). *First DBT session with a 13-year old*. Workshop presented at the 6<sup>th</sup> annual meeting of the ISITDBT, Philadelphia, PA.
- Miller, AL.**, Wagner, E.E., Greene, L.I., & Landsman, M.B. (11/01). *Trial of dialectical behavior therapy with triply diagnosed clients*. Invited research presented at the 6<sup>th</sup> annual meeting of the ISITDBT, Philadelphia, PA.
- Dimeff, L., & **Miller, AL.** (11/01). *DBT for severely disordered individuals with addictive behaviors*. Workshop presented at the 35<sup>th</sup> annual meeting of the AABT, Philadelphia, PA.
- Winiarski, M.G., Wagner, E.E., **Miller, AL.**, & Greene, L.I. (10/01). *DBT for severely disordered individuals with addictive behaviors in methadone treatment*. Workshop presented at the annual meeting of the American Methadone Treatment Association, St. Louis, MS.

**Conference Presentations** (continued):

- Katz, L.Y., Gunasekara, S., Cox, B.J., & **Miller, AL.** (6/01). *Effectiveness of DBT for inpatient suicidal adolescents.* Poster presented at the annual meeting of the World Congress of Behavioral and Cognitive Therapies, Vancouver, Canada.
- Mori, M., **Miller, AL.**, Yeh, C., Ono, K. (4/01). *Adolescent suicidal intent and its correlates.* Poster presented at the annual meeting of the American Association of Suicidology, Atlanta, GA.
- Yaeger, A.M., & **Miller, AL.** (4/01). *Diagnostic assessment of suicidal adolescents: Does DSM-IV classification predict method of self-harm?* Poster presented at the annual meeting of the American Association of Suicidology, Atlanta, GA.
- Miller, AL.** (11/00). *Dialectical behavior therapy: Adaptations and new applications.* In AL Miller (Chair) Symposium. Paper presented at the 34<sup>th</sup> annual meeting of the AABT, New Orleans, LA.
- Greene, L.I., Wagner, E.E., **Miller, AL.**, & Winiarski, M.G. (11/00). *DBT for HIV positive substance abusing adults diagnosed with borderline personality disorder.* In AL Miller (Chair) Symposium: "Dialectical behavior therapy: Adaptations and new populations." Paper presented at the 34<sup>th</sup> annual meeting of the AABT, New Orleans, LA.
- Miller, AL.**, Glinski, J., Landsman, M.B., Nathan, J., & Halaby, K. (11/00). *Suicidal adolescents: Who are they and how can we help them?* In S. Reynolds (Chair) Symposium: "Don't Ask, Don't Tell: Dilemmas in research and clinical intervention with suicidal individuals." Paper presented at the 34<sup>th</sup> annual meeting of the AABT, New Orleans, LA.
- Landsman, M.B., & **Miller, AL.** (11/00). *New developments in adolescent DBT.* Workshop presented at the 5<sup>th</sup> annual meeting of ISITDBT, New Orleans, LA.
- Wagner, E.E., Greene, L.I., **Miller, AL.**, & Winiarski, M.G. (11/00). *Research advances: DBT for HIV positive substance abusing adults diagnosed with borderline personality disorder.* Paper presented at the 5<sup>th</sup> annual meeting of ISITDBT, New Orleans, LA.
- Miller, AL.**, Glinski, J., & Katz, L.Y. (10/00). *Inpatient and outpatient applications of DBT for parasuicidal adolescents.* Half-day workshop conducted at the annual meeting of the American Academy of Child and Adolescent Psychiatry, New York, NY
- Katz, L.Y., Gunasekara, S., Cox, B.J., & **Miller, AL.** (10/00). *DBT for suicidal adolescent inpatients.* Poster presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry, New York, NY.
- Wagner, E.E., **Miller, A.L.**, Winiarski, M.G., & Greene, L.I. (6/00). *Integrating dialectical behavior therapy into AIDS care for the triply diagnosed.* SC Kalichman (Chair), Meeting the needs of triply diagnosed persons living with HIV-AIDS. Symposium conducted at the meeting of the Society for the Psychological Study of Social Issues, Minneapolis, MN.

**Conference Presentations** (continued):

- Greene, L.I., Winiarski, M.G., **Miller, AL.**, & Wagner, E.E. (4/00). *Can dialectical behavior therapy for substance users improve compliance in persons with HIV, substance use and psychiatric diagnoses?* In T Soto (Chair) Symposium: Model for delivering integrated HIV/AIDS treatment: A multi-site study. Paper presented at the annual meeting of the Society of Behavioral Medicine, Nashville, Tennessee.
- Ono, K., **Miller, AL.**, & Mori, M. (4/00). *Family functioning in relation to level of suicidal ideation in adolescent outpatients.* Poster presented at the 33<sup>rd</sup> annual meeting of AAS, Los Angeles, CA.
- Katz, L.Y., & **Miller, AL.** (2/00). *"Anxiety reduction for therapists." Dialectical behavior therapy of suicidal and parasuicidal adolescents: Inpatient and outpatient applications.* Paper presented at the annual meeting of the ASAP, Phoenix, AZ.
- Miller, AL.**, & Landsman, M.B. (11/99). *DBT with adolescents? Who, what, where, when, and how?* Presented at the 4<sup>th</sup> annual meeting of ISITDBT, Toronto, Canada.
- Yaeger, A.M., **Miller, AL.**, & Velting, D.M. (11/99). *Adolescent parasuicidality and its relationship to psychiatric diagnosis.* Poster presented at the 33<sup>rd</sup> annual meeting of the AABT, Toronto, Canada.
- Mori, M., **Miller, AL.**, & Ono, K. (10/99). *The relationship between family functioning and adolescent parasuicidality.* Poster presented at the 62<sup>nd</sup> annual meeting of the New York State Psychological Association, Bolton Landing, NY.
- Silver, L., Rathus, J.H., & **Miller, AL.** (8/99). *DBT multi-family skills training group for suicidal adolescents.* In E. Feindler's (chair) symposium: Clinical Issues in Adolescent Group Psychotherapy. Presented at the annual meeting of the American Psychological Association, Boston, MA.
- Miller, AL.** (5/99). *Short-term outpatient program developed for suicidal adolescents diagnosed with BPD and substance abuse disorders.* In VP Cherry, D Penny, & V Porr (Chairs) workshop: DBT for clients diagnosed with BPD and substance abuse. Addictions Institute, annual meeting of the National Association of Social Workers, New York, NY.
- Velting, D.M., & **Miller, AL.** (4/99). *Diagnostic risk factors for adolescent parasuicidal behavior.* In DM Velting (Chair) Symposium, Methodological Advances in Suicide Assessment: The Lifetime Parasuicide Count Interview. Paper presented at the 32<sup>nd</sup> annual meeting of the AAS, Houston, TX.
- Mori, M., **Miller, AL.**, Yeager, A., Ono, K., Glinski, J., Muhlmeister, J., & Landsman, M.B. (4/99). *Familial impact on adolescent parasuicidality.* In DM Velting (Chair) Symposium, Methodological Advances in Suicide Assessment: The Lifetime Parasuicide Count Interview. Paper presented at the 32<sup>nd</sup> annual meeting of the American Association of Suicidology (AAS), Houston, TX.
- Miller, AL.** (10/98). *DBT-A: A time-limited psychotherapy for suicidal adolescents.* In J. Sugar (Chair) Institute: "Time in child psychotherapy: Lessons from brief therapy and managed care." Presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Oakland, CA.
- Wyman, S., Huppert, J., Glassman, S.L., Rathus, J.H., & **Miller, AL.** (11/98). *DBT skills utilized by suicidal adolescents—Part II.* Poster presented at the 3<sup>rd</sup> annual meeting of ISITDBT, Washington, D.C.

**Conference Presentations** (continued):

- Miller, A.L.**, Wyman, S., Glassman, S.L., Huppert, J., & Rathus, J.H. (11/98). *Analysis of behavioral skills utilized by suicidal adolescents receiving dialectical behavior therapy*. Poster presented at the 32<sup>nd</sup> annual meeting of the AABT, Washington, D.C.
- Miller, AL.** (11/98). *Early intervention--A community-based program for suicidal adolescents with borderline personality disorder and their families: A cost-effective approach*. In VP. Cherry & D. Penney (Chairs) Symposium: "An unrecognized, refractory illness--public health policy issue or private pain? Borderline Personality Disorder and its fiscal impact in community and institutional settings: What you don't know may cost you." Presented at the annual meeting of the American Public Health Association, Washington, D.C.
- Velting, D.M., Rathus, J.H., & **Miller, AL.** (5/98). *Patterns of personality dysfunction among adolescent suicide attempters*. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Miller, A.L.**, Wyman, S., Glassman, S.L., & Rathus, J.H. (4/98). *Analysis of DBT skills utilized by suicidal teens: Pilot study*. Poster presented at the annual meeting of the American Association of Suicidology, Washington, D.C.
- Landsman, M., & **Miller, AL.** (3/97). *Suicidal adolescents -- differential short-term therapies appropriate for a managed care environment*. Paper presented at the 74th annual meeting of the American Orthopsychiatric Association, Toronto, Canada.
- Miller, AL.**, & Landsman, M. (3/97). *DBT-A: A new direction in the treatment of suicidal and self-destructive adolescents*. A 3-hr. workshop presentation at the 74th annual meeting of the American Orthopsychiatric Association, Toronto, Canada.
- Miller, AL.** (3/97). *Dialectical behavior therapy adapted for suicidal adolescents*. Invited lecture, at the meeting of the American Society of Adolescent Psychiatry (ASAP), Miami, FL.
- Miller, AL.**, Rathus, J.H., & Leigh, E. (11/96). *Dialectical behavior therapy adapted for suicidal adolescents*. In JH Rathus (Chair) Symposium: "Dialectical Behavior Therapy for Borderline Personality Disorder: Adaptations for New Modes and New Populations." Paper presented at the 30th annual meeting of the AABT, New York, NY.
- Miller, AL.** (11/96). *Multi-family skills training group with adolescents and their families*. In AE Fruzzetti (Chair) DBT With Families. Paper presented at the 1st annual meeting of the International Society for the Investigation and Training of Dialectical Behavior Therapy (ISITDBT), New York, NY.
- Miller, AL.**, & Rathus, J.H. (11/96). *Dialectical behavior therapy for adolescents*. In CR. Swenson (Chair) New Developments in DBT. Paper presented at the 1st annual meeting of ISITDBT, New York, NY.
- Miller, AL.**, Rathus, J.H., Leigh, E., and Landsman, M. (11/96). *A pilot study: Dialectical behavior therapy adapted for suicidal adolescents*. Poster presented at the 1st annual meeting of ISITDBT, New York, NY.

**Conference Presentations** (continued):

**Miller, AL.,** Landsman, M., & Chen, S. (4/96). *Teenage mothers and suicidality of their offspring*. Presented at the annual meeting of the American Association of Suicidology, St.Louis, MS.

**Miller, AL.,** & Curcio, N.A. (4/95). *A case-study: Complicating factors in the assessment and treatment of an adolescent diagnosed with OCD and MMR*. Paper presented at the 15th annual meeting of the Anxiety Disorders Association of America, Pittsburgh, PA.

**Miller, AL.,** Sanderson, W.C., Rathus, J.H., & Arnold, D.S. (11/93). *Analysis of exposure in panic disorder with agoraphobia receiving cognitive behavior therapy*. Presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Atlanta, GA.

Rathus, J.H., Sanderson, W.C., **Miller, AL.,** & Arnold, D.S. (11/93). *Cognitive behavioral treatment of panic disorder: Impact of personality disorders on outcome and impact of treatment on personality functioning*. Presented at the 27th annual meeting of the AABT, Atlanta, GA.

**Workshops:**

**DBT for ADULTS/ADOLESCENTS**

- 4/24 *5-Day DBT Workshop with Adolescent and Family Emphasis*  
Savona, Italy
- 4/24 *5-Day DBT Workshop with Adolescent and Family Emphasis*  
Bologna, Italy
- 3/24 *5-Day DBT Workshop with Adolescent and Family Emphasis*  
Manchester, UK
- 2/24 *4-Day Comprehensive School-Based DBT Training (virtual with CBC colleagues)*  
CBC, White Plains, NY
- 11/23 *4-Day Comprehensive School-Based DBT Training (virtual with CBC colleagues)*  
CBC, White Plains, NY
- 08/23 *5-Day DBT Workshop with Adolescent and Family Emphasis, (virtual with CBC colleagues)*  
CBC, White Plains, NY
- 08/22 *5-Day DBT Workshop with Adolescent and Family Emphasis, (virtual with CBC colleagues)*  
CBC, White Plains, NY
- 01/22 *5-Day DBT Workshop with Adolescent and Family Emphasis, (virtual with CBC colleagues)*  
Aroostook Mental Health Services Inc (AMHC), Houlton County, ME



**Workshops** (continued):

- 12/21 *5-Day DBT Workshop with Adolescent and Family Emphasis, (virtual with CBC colleagues)*  
Astor Services for Children & Families, Bronx, NY
- 12/21 *Advanced DBT in Schools Training (virtual with Kelly Graling, PhD)*  
CBC, White Plains, NY
- 10/21 *4-Day Comprehensive School-Based DBT Training (virtual with CBC colleagues)*  
CBC, White Plains, NY
- 08/21 *5-Day DBT Workshop with Adolescent and Family Emphasis, (virtual with CBC colleagues)*  
CBC, White Plains, NY
- 06/21 *1-Day DBT Virtual Workshop, Advanced Training*  
Mamaroneck School District, NY
- 03/21 *1-Day Virtual Workshop, Multi-Family Skills Group: What You Need to Know, presented with Kelly Graling, PhD for Metro NY DBT Center & Behavioral Care Center of NJ, CBC, White Plains, NY*
- 01/21 *4-Day Comprehensive School-Based DBT Training (virtual with CBC colleagues)*  
CBC, White Plains, NY
- 12/20 *Advanced DBT in Schools Training (virtual with Kelly Graling, PhD)*  
CBC, White Plains, NY
- 10/20 *3-Day Workshop: DBT with Multi-Problem Adolescents with a Special Emphasis on Teaching Skills to Teens and Families*  
Bologna, Italy (virtual)
- 08/20 *5-Day DBT Workshop with Adolescent and Family Emphasis, (virtual with CBC colleagues)*  
CBC, White Plains, NY
- 01/20 *4-Day Comprehensive School-Based DBT Training*  
CBC, White Plains, NY
- 10/19 *4-Day Comprehensive School-Based DBT Training*  
CBC, White Plains, NY
- 08/19 *5-Day DBT Workshop with Adolescent and Family Emphasis, presented with CBC Staff*  
CBC, White Plains, NY
- 04/19 *2-Day Adolescent DBT Training Workshop*  
Highland Meadows Counseling Center, INC, Rochester, MN.

**Workshops** (continued):

- 03/19 *3-Day Adolescent DBT Training Workshop* presented with Kelly Graling, PhD  
Lifeline WA & WAPHA, Perth, Australia
- 02/19 *Comprehensive School-Based DBT Intermediate Training*, presented with Kelly Graling, PhD  
Putnam NW BOCES, Yorktown, NY
- 11/18 *Comprehensive School-Based DBT Intermediate Training*, presented with Kelly Graling, PhD  
Schwartzberg Training Center of CBC, White Plains, NY.
- 11/18 *2-Day DBT Skills with Multi-Problem Adolescents*  
Centre for MindBody Health, Toronto, Canada
- 09/18 *DBT 5-Day Foundational Training*  
Schwartzberg Training Center of CBC, White Plains, NY.
- 06/18 *One-Day Workshop - Effective Strategies for Engaging and Treating Multi-Problem Adolescents, Young Adults, and Their Families in DBT.*  
Clearview Treatment Center, Venice Beach, CA.
- 04/18 *Three-Day Workshop - DBT with Multi-Problem Adolescents with a Special Emphasis on Teaching Skills to Teens and Families*, presented with Charlie Swenson, MD.  
Bologna, Italy
- 01/18 *One-Day workshop - Assessing Suicidal Risk and Conducting DBT with Multi-Problem Adolescents in Outpatient and School Settings.*  
JMD Counseling and Therapeutic Services, LLC, Washington, DC.
- 05/17 *Five-Day Training - Comprehensive DBT and STEPS-A*, with Elizabeth Dexter, Mazza, PsyD  
Bronxville School District, Bronxville NY
- 12/16 *DBT Two-Day Adolescent Skills Training*, presented with Lorie Ritschel, PhD  
NYU Child Study Center, NY, NY.
- 01/16 *DBT Two-Day Adolescent Skills Training*, with Jill Rathus, PhD  
Silver Hill Hospital, New Canaan, CT
- 10/15 *DBT Two-Day Adolescent Skills Training*, with Jill Rathus, PhD  
The Child Study Center at NYU Langone Medical Center, New York, NY
- 10/15 *DBT One-Day Adolescent Skills Training*, with Jill Rathus, PhD  
Inn at Great Neck, Great Neck, NY
- 10/14 *DBT 5-Day Intensive Part II*, with Michael Hollander, PhD  
Bradley Children's Hospital/Brown University, Providence RI

**Workshops** (continued):

- 05/14 *DBT 5-Day Intensive Part I*, with Michael Hollander, PhD  
Bradley Children' Hospital/Brown University, Providence RI
- 05/13 *Half-Day Intro to DBT workshop*  
Delaware PBHS Conference, Dover, DE
- 03/13 *DBT 5-Day Intensive Part II*, with Christine Foertsch, PhD  
Coop with BTECH and JBFCS, New York, NY
- 09/12 *DBT 5-Day Intensive Part I*, with Christine Foertsch, PhD  
Coop with BTECH and JBFCS, New York, NY
- 10/11 *Two-Day Advanced Skills Training Workshop*  
Greenwich, CT, with Adam Payne, PhD
- 02/11 *One-Day Advanced BENEFIT workshop*  
Northampton, MA, with Charles Swenson, MD
- 01/11 *Intensive DBT Training, Part II*  
Coalition for Hispanic Families, Brooklyn, NY, with Michele Galietta, PhD
- 10/10 *Two-Day Individual Therapy Workshop*  
Cleveland, OH
- 09/10 *Two-Day Individual Therapy Workshop*  
Ann Arbor, MI
- 08/10 *Intensive DBT Training, Part I Coalition for Hispanic Families*, Brooklyn, NY with Michele Galietta, PhD
- 09/09 *Two-Day Adolescent DBT Workshop*  
Stockholm, Sweden
- 09/09 *Two-Day Advanced Adolescent DBT Workshop*  
Research Teams, Oslo, Norway
- 06/09 *Two-Day Adolescent DBT Workshop*, with Michael Hollander, PhD  
Denver, CO
- 05/09 *Two-Day Adolescent DBT Workshop*, with Christine Foertsch, PhD  
Ward's Island, NY
- 04/09 *Two-Day Adolescent DBT Workshop*  
Anaheim, CA

**Workshops** (continued):

- 10/08 *Two-Day DBT Skills Training Workshop*, with Laurence Katz, MD  
Winnipeg, Canada
- 09/08 *Two-Day Adolescent DBT Workshop*, with Jill Rathus, PhD  
Ann Arbor, MI
- 08/08 *One-Day Adolescent DBT Workshop*  
Buffalo, NY
- 05/08 *Two-Day Adolescent DBT Workshop*, with Adam Payne, PsyD  
Arlington, VA
- 03/08 *Two-Day Adolescent DBT Workshop*, with Tony Dubose, PsyD  
San Francisco, CA
- 11/07 *Two-Day Adolescent DBT Workshop*, with Jill Rathus, PhD  
Pearl River, NY
- 10/07 *Two-Day Adolescent DBT Workshop*, with Jill Rathus, PhD  
Boston, MA
- 09/07 *Two-Day DBT Workshop*, with Sarah Reynolds, PhD (Part III)  
National Suicide Prevention and Research Unit, Oslo, Norway
- 06/07 *One-Day Adolescent DBT Training and Consultation*  
Child Guidance Center of Greater Waterbury, Waterbury, CT
- 05/07 *Five-Day Intensive DBT Workshop*, with Sarah Reynolds, PhD (Part II)  
National Suicide Prevention and Research Unit, Oslo, Norway
- 03/07 *One-Day Intro DBT Workshop*, with Christine Foertsch, PhD and Adam Payne, PhD  
NY State OMH Implementation Project, Rockland County, NY
- 10/06 *Five-Day Intensive DBT Workshop*, with Sarah Reynolds, PhD (Part I)  
National Suicide Prevention and Research Unit, Oslo, Norway
- 08/06 *One-Day Intro to DBT Workshop*  
Elmira, NY
- 06/06 *Two-Day Advanced DBT Workshop*, with Charlie Swenson, MD  
Novi, MI
- 06/06 *One-Day Adolescent DBT Training and Consultation*  
Child Guidance Center of Greater Waterbury, Waterbury, CT

**Workshops** (continued):

- 03/06 *Two-Day Advanced Adolescent DBT Workshop*, presented with Charlie Swenson, MD  
Boston, MA
- 10/05 *One-Day Adolescent Workshop/Consultation*  
Wales, UK
- 05/05 *Half-Day Adolescent DBT Workshop*  
Children's Services, UMDNJ, Newark, NJ
- 04/05 *One-Day Adolescent DBT Workshop*  
Sick Kids Hospital, Toronto, Canada
- 11/04 *Two-Day DBT Skills Training Workshop*, with Charlie Swenson, MD  
Boston, MA
- 09/04 *Two-Day DBT Skills Training Workshop*, with Charlie Swenson, MD  
Novi, MI
- 05/04 *One-Day Advanced Adolescent DBT Workshop and One-Day Consultation*  
Vermont Division of Mental Health, Montpelier, VT
- 04/03 *Two-Day Advanced Adolescent DBT Workshop*, with Elizabeth Wagner, PhD  
Minneapolis, MN
- 03/03 *Two-Day Advanced Adolescent DBT Workshop*, with Charlie Swenson, MD  
White Plains, NY
- 12/02 *Two-Day Advanced Adolescent DBT Workshop*, with Charlie Swenson, MD  
Rochester, NY
- 09/02 *Two-Day Advanced Adolescent DBT Workshop*, with Charlie Swenson, MD  
Portland, ME
- 07/02 *Two-Day Adolescent and Adult DBT Workshop*, with Kate Comtois, PhD  
University of Pittsburgh Medical Center/Western Psychiatric Institute and Clinic, Pittsburgh, PA.
- 04/02 *One-Day DBT Workshop and One-Day Consultation*, with Elizabeth Wagner, PhD  
Uppsala University, Uppsala, Sweden
- 04/02 *One-Day DBT Workshop and One-Day Consultation*, with Elizabeth Wagner, PhD  
Psychiatric Institute, Lund, Sweden
- 10/01 *Two-Day Advanced Adolescent DBT Workshop*, with Charlie Swenson, MD  
Northampton, Massachusetts

**Workshops** (continued):

- 10/01 *Two-Day DBT Workshop*, with Cindy Sanderson, PhD  
Hackensack University Medical Center, NJ
- 12/00 *Two-Day Advanced Adolescent DBT Workshop/Consultation*  
New Hampshire Division of Behavioral Health, Concord, NH.
- 10/00 *Five-Day Intensive DBT Workshop (Part II)*, with Charlie Swenson, MD  
Department of Mental Health, Northampton, Massachusetts
- 06/00 *Two-Day Adolescent DBT Workshop*  
University of Freiberg, Freiberg, Germany
- 05/00 *Half-Day Adolescent DBT Workshop*  
University of Manitoba, Psych Health Sciences Centre, Winnipeg, Canada
- 04/00 *One-Day Adolescent DBT Workshop*  
Center for Children's Support, UMDNJ, Stratford, New Jersey
- 06/99 *Two-Day Adolescent DBT Workshop*  
Counseling Services Inc., Saco, ME (funded by the United Way)
- 04/99 *Half-Day Adolescent DBT Workshop*  
Albert Einstein College of Medicine CBT Symposium, New York, NY.
- 04/99 *Two-Day Advanced Adolescent DBT Workshop (Part III)*  
State Department of Mental Health, Manchester, NH.
- 10/98 *Two-Day Adolescent DBT Workshop*, with Jill Rathus, PhD  
"OPERATION JUMP START," Part II  
Ulster/Dutchess County, Mental Health Association, Kingston, NY.
- 06/98 *Two-Day DBT Workshop*, with Richard McKeon, PhD  
CMHC-University of Medicine and Dentistry of New Jersey, New Brunswick, NJ.
- 06/98 *Half-Day Adolescent DBT Workshop*  
"OPERATION JUMP START, Alcohol/Drug Abuse Coping Skills Program for Teens"  
AMI Ulster/Dutchess Co./Mental Health Assoc. in Ulster Co., Kingston, NY.
- 03/98 *Half-Day Adolescent DBT Workshop*  
Cognitive Therapy Center of New York, Warwick Hotel, New York, NY.
- 10/97 *Five-Day Intensive DBT Training (Part II)*, with Kelly Koerner, PhD  
State Department of Mental Health, Concord, NH.

**Workshops (continued):**

- 05/97 *Two One-Day DBT Workshops*, with Cindy Sanderson, PhD  
Connecticut Department of Children and Families, Riverview Hospital, Middletown, CT.
- 05/97 *One-Day and Half-Day Adolescent DBT Workshop*  
Sweetser Residential Treatment Center, Portland, ME.
- 04/97 *Half-Day Adolescent DBT Workshop*  
Justice Resource Institute, Boston, MA.

**BEHAVIORAL EMERGENCIES WITH ADOLESCENTS: SUICIDE, SELF-INJURY, VIOLENCE, and VICTIMIZATION**

- 08/06 *One-Day Continuing Education Workshop* (Co-Chair with Phil Kleespies, PhD),  
Sponsored by Section VII of Division 12, of the APA  
American Psychological Association Annual Convention, New Orleans, LA.

**SUICIDE ASSESSMENT and PREVENTION**

- 03/06 *Two-Day Workshop*, with Sarah Reynolds, PhD  
Lancaster, PA
- 04/00 *Half-Day Workshop*  
Albert Einstein College of Medicine CBT Symposium, New York, NY.

**CBT for FALLS PREVENTION in the ELDERLY**

- 11/97 *Half-Day Workshop*  
Oxford Health Plan, White Plains, NY.

**Media Highlights:**

- Jan 15, 2024 *Most Days Podcast*, by Brent Franson. "Borderline Personality Disorder". Interview with Brent Franson.
- Feb 13, 2023 *Oprah Daily*. "This Therapy You've Never Heard of COuld Change Your Life". Nicole C. Kear.
- Mar 22, 2022 *Psychmic Podcast Series*, by Maya Metser. Access Psychology Foundation (APF). Interview with APF Executive Director, Damian Travier.

**Media Highlights** (continued):

- Dec 8, 2021 *Pyschmic Podcast Series, by Maya Metser.* Interview with Dr. Alec Miller about his career in psychology.
- Apr 28, 2021 *What You're Craving Podcast Series.* "Self-Validation". Interview with Molly Carmel.
- Mar 22, 2021 *DBT Linehan Board of Certification All Star Interview,* with Emily Vanderpool.
- Oct 17, 2019 *Voice of America.* "September is Suicide Prevention Awareness Month: Learn to Recognize Signs of Self-Harm and Suicide". Interview with Linord Moudou.
- July 26, 2019 *Scarsdale Inquirer.* "Helping Teens in Affluent Communities Cope with Mental Health". Interview with article author Catherine Ferris.
- March 7, 2019 *Patch.* "Understanding and Managing Social Media Addiction". Interview with John Bailey of People to Be Heard.
- Sept 26, 2018 *Fox 5.* "Self-Harm in Adolescents". Good Day Street Talk with Antwan Lewis.
- Jun 19, 2018 *CBS-TV.* "Video Game Addiction Named Disorder by World Health Organization." Tony Aiello
- Oct 5, 2017 *LoHud.* "White Plains: Actress Glenn Close on hand for opening of mental health training facility." Christopher J. Eberhart
- Sept 27, 2017 *Self Magazine.* "'SNL' Star Pete Davidson Was Diagnosed with Borderline Personality Disorder." Karin Miller
- July 26, 2017 *Empire Radio Now.* The Professional's Round Table
- July 19, 2017 *New York Post.* "Top coping tips for college bound teens." Johnny Oleksinski
- April 13, 2016 *Project 375 Website and Twitter* "Real Chats with Dr. Alec Miller."
- October, 2015 *District Administration.* "Rising cases of self-injury treated with new therapy." Alison DeNisco.
- July 28, 2015 *Wall Street Journal.* "Schools Face the Teen Cutting Problem." Dana Wechsler Linden.
- Feb 18, 2014 *New York Parenting.* "Program Strives to End Bullying." Candi Sparks.
- July 22, 2013 *NY Daily News.* "Over the top pops." Nicole Pesce.
- April 12, 2013 *Daily News.* "Gone too soon. Child suicides: They're getting younger and younger." Jennifer Cunningham.



**Media Highlights** (continued):

- March, 2013 *Boston Globe*. "Facing the puzzling urge to self-injure." Kay Lazar.
- Aug 7, 2012 *HealthDay*. "Grateful teens have less risk for depression, other problems." Barbara Bronson Gray.
- July 30, 2012 *USA Today*. "Parents can inflict deep emotional harm." Kim Painter.
- June 13, 2012 *HealthDay*. Self-harm showing up in elementary schools: Study. Lisa Esposito.
- April, 2012 *Therapy Soup*. "7 Facts about Adolescent Suicide." Richard Zwolinski.
- April 2012 *Therapy Soup*. "5 Important Skills for Suicidal Adolescents and Families." Richard Zwolinski.
- Dec 5, 2011 *WedMD Health News*. "Fears of teen "sexting" may be exaggerated." Salynn Boyles.
- July 11, 2011 *ABC News*. "Memoir of a cutter: Mormon relieves shame of self-injury." Susan James.
- Jan 11, 2011 *WedMD Health News*. "Optimism may protect teens against depression." By Kathleen Doheny.
- Jan 10, 2011 *USA Today*. "What would cause a young person to snap?" By Mary Brophy Marcus.
- Oct 5, 2010 *WedMD Health News*. ADHD may be linked to depression and suicide. By Denise Mann.
- Sept 9, 2010 *News 12* (Channel 12 Bronx TV Network). Interview regarding NY State Governor's new anti-bullying law.
- April 21, 2010 *Associated Press*. "Bullying a red flag for depression." By Beth Harpaz.
- Feb 25, 2010 *New York Times*. "Teen moodiness or borderline personality disorder." By Toby Bigalow.
- Oct 8, 2009 *AP News*. "Youth counselors push for louder discussion about suicide risks so more people will get help." By Martha Irvine.
- Jan 1, 2009 *Psychology Today*. "Teen angst turns deadly. Why girls are killing themselves." By Eilene Zimmerman.
- Dec. 2, 2008 *MSNBC*. "Your brooding teen: Just moody or mentally ill?" by Roni Rabin.
- April 28, 2008 *WebMD*. "Teen peer pressure: Raising a peer pressure-proof child," by Elizabeth Heubeck.

**Media Highlights** (continued):

- Sept. 6, 2007 *MSNBC News*. “CDC: Suicide rate jumps for teens, young adults.”
- Mar 27, 2007 *HealthDay News*. “Anxiety rising on US college campuses.” by Mandy Gardner.
- Feb, 2007 *Redbook*. “Kids gone wild,” by Denise Schipani, pp. 186-188.
- Oct. 4, 2006 *MSNBC.com*, “How to Talk to Your Kids about Shootings,” by Jane Weaver.
- Oct. 4, 2006 *The Associated Press*, “Parents Can Improve School Safety,” by Samantha Critchell.
- Aug 7, 2006 *HealthDay News*. “Antidepressants do raise suicide risk: Study,” by Mandy Gardner.
- Dec, 2005 *Ladies’ Home Journal*. “A cry for help,” by Leslie Laurence, pp. 126-140.
- Nov. 15, 2005 *Trenton Times*. “A secret that should not be kept quiet,” by Jeanne Jackson DeVoe.
- Oct. 7, 2005 *Channel 13, PBS*. Keeping Kids Healthy. Interview: “Teens who self-harm.”
- Sept. 2, 2005 *Channel 2, WCBS-TV Morning Show*. Interview: “Teenagers who self-harm.”
- Sept, 2005 *Teen People*. “The scary truth about teen suicide,” by Michelle Hainer, pps. 162-165.
- Aug 10, 2005 *CNN. Paula Zahn Now*. Interview: “Kids overcome cutting.”
- Mar 21, 2005 *The New York Daily News*, New York, NY. “Shame and stress engulf Jacko trial”, by Judy Kuriansky.
- June 11, 2004 *The New York Sun*, New York, NY. “Beauty queen delves into dark area – Ms. NY State suffered from, now fights, to stem, depression”, by Jill Gardiner.
- Dec 3, 2003 *Channel 13, PBS*. Keeping Kids Healthy. Interview: “Just a moody teenager or is it depression?”
- Dec 16, 2002 *Hartford Courant*, Health Section, Hartford, CT. “Parents turn up the heat” by Andrew Julian.
- Nov 12, 2002 *Channel 13, PBS*. Keeping Kids Healthy. Interview: Self-harming and suicidal adolescents. (Nominated for Emmy Award).
- May 10, 2002 *Channel 13, PBS*. Keeping Kids Healthy. Interview: Parenting tips for managing teenagers.

**Media Highlights** (continued):

- April, 2000 *Clinical Psychiatry News*. “Dialectical behavior therapy cuts hospitalization in suicidal teens,” by Timothy Kirn, p.44.
- Feb 17, 2000 *News 12* (Channel 12, Bronx Network). Interview regarding headline story: “Ten-year-old Bronx boy committed suicide after receiving bad grade.”
- Summer, 1999 *Physicians Magazine*, Special Focus: Adolescent Depression and Suicide, Article by Maureen Simmons, describing Montefiore Medical Center’s Adolescent Depression and Suicide Program and the Director, Dr. Alec L. Miller.
- Sept 21, 1998 *New York Daily News*, Health and Fitness Section  
“Blue in the wonder years – how to detect depression in your kids” by Sheila Anne Feeney, pps. 29, 32-33.
- June 3, 1998 *Daily Freeman*, Ulster County, NY, Newspaper  
“Mental health care for teenagers sorely lacking, conferees are told”  
Article describing DBT-A/Operation Jump Start Conference, conducted by Dr. Alec L. Miller.
- May 10, 1996 *News Talk Television* (New York Time Warner Cable TV, Channel 35, nationally broadcasted), Live Interview  
Topic: Why do teenagers self-mutilate and what treatments are available?